



The Borough of

Montvale

The Official Newsletter of The Borough of Montvale

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Phone: 201-391-5700
Web: Montvale.org
Fax: 201-391-9317

12 Mercedes Drive
Montvale, NJ 07645

Summer Camp Signup



There is still time to register for summer camp. Visit Montvale.org/Recreation to signup online.

See page 7 for additional information.

2018 Montvale Cleanup Day

Join The Borough of Montvale Environmental Commission, in conjunction with Boy Scout Troop 334 for our annual cleanup day on April 28 from 9:00am - 12:00pm at The Red Shed on Memorial Drive. For more information, see page 4.

Montvale Police Department

Hello Montvale,

VOLUNTEERING:

Montvale is lucky to have many who serve the public, who volunteer their time and effort to the Borough as local volunteers. National Volunteer Week is April 15 - 21, 2018. Remember your local volunteers. Support or even join one of the volunteer groups or agencies such as the Tri-Boro Volunteer Ambulance Corps, the Montvale Fire Department, the Special Events Committee, the Office of Emergency Management team or one of the other almost limitless causes that are always in need of volunteers. They selflessly come out to help others, and in the case of the Fire Department and Triboro Ambulance Corps - at any and all hours of the day and night, 365 days a year. We at the Police Department greatly appreciate the time and effort of our volunteer emergency responder agencies and commend them for all of their great work.

SPOOFING:

"Spoofing" occurs when a caller deliberately falsifies the information transmitted to your caller ID display to disguise their identity. Spoofing is often used as part of an attempt to trick someone into giving away valuable personal information so it can be used in fraudulent activity or sold illegally. A scammer will "spoof" an official phone number such as the IRS, FBI, or even the Montvale Police Department and try to get personal information or money from you. If you are unsure, hang up, look up the phone number (don't trust the caller ID) and call back. None of those agencies ask for money over the phone.

OPERATION MEDICINE DROP:

The Montvale Police Department is now a permanent drop-off site for unused and expired medications and drugs as part of Project Medicine Drop. You can bring your old or unused medications/prescriptions/over-the-counter drugs and drop them into the box located off the front desk area of the Police Department. No questions asked. This is the safe way to dispose of these items, and not hurt the environment. Please do not place syringes or other "sharps" into the drop-off box.

For emergency information follow us on Twitter (Montvale Police@MontvalePD), Facebook (montvalepd) and the Borough of Montvale website.

Stay safe,
Chief Jeremy Abrams



Mayor's Message

Dear Residents,

We are welcoming Spring with open arms and looking back in the mirror at March and the three storms that hit our area. We are fortunate to have a great team of volunteers who "spring" into action when we need them; every member of the Fire Department, Tri-Boro Ambulance, our Police Department with both on and off duty officers, our OEM team headed by Frank DiPalma and Greg March. Residents who offered their generators and their support to their neighbors and at times to residents they never met, adds to the amazing spirit that motivates all of us here at Borough Hall to do the best that we can to serve the community.

Our town continues to be in a good financial standing with AAA bond rating and relatively low debt and over \$4 million in surplus, additional revenue should start to trickle in as more buildings getting filled and reassessed after renovations. A lot of work was done by the finance committee headed by Chairman Councilman Tim Lane and Councilwoman Elizabeth Gloeggler.

Our next few projects coming up are going to be the old swimming pool property and a town wide survey to determine where and how to best invest resources to enhance our quality of life and make our town even a better town to live and work in. There are several ideas on what to do with the swimming pool property and we should be able to finalize that in the next few months. We are also eagerly waiting to receive the 5.5 acres donated to the town on the old A&P property and hopefully we can resolve some of the wetlands issues there to make it more useable for recreational and open space use.

As always, I am available by phone or in person should you need anything from me. You may visit on the first Tuesday of every month or call me to meet at your convenience. Enjoy the Spring and see you around town.

Mayor Mike Ghassali

April 2018 Trash & Recycling Calendar

Mon	Tue	Wed	Thu	Fri
2 East Zone Trash Pickup	3 Central Zone Trash Pickup	4 West Zone Trash Pickup	5 Recycling: Districts 1&2	6
9 East Zone Trash Pickup	10 Central Zone Trash Pickup	11 West Zone Trash Pickup	12 Recycling: Districts 3&4	13
16 East Zone Trash Pickup	17 Central Zone Trash Pickup	18 West Zone Trash Pickup	19 Recycling: Districts 1&2	20
23 East Zone Trash Pickup	24 Central Zone Trash Pickup	25 West Zone Trash Pickup	26 Recycling: Districts 3&4	27
30 East Zone Trash Pickup	1 Central Zone Trash Pickup	2 West Zone Trash Pickup	3 Recycling: Districts 1&2	4

Contact Information

The Borough of Montvale
12 Mercedes Drive
Phone 201-391-5700
Fax 201-391-9317

Montvale Officials

Administration

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org
Administrator / Municipal Clerk

Mayor & Council

Mayor
Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President
Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Council

Rose Curry (R)
RCurry@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Elizabeth Gloeggler (D)
EGloeggler@MontvaleBoro.org

Michael Weaver (I)
MWeaver@MontvaleBoro.org

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Upcoming Meetings

Mayor & Council Meetings

April 10 - 7:30pm
April 24 - 7:30pm

Planning Board Meeting

April 3 - 7:30pm
April 17 - 7:30pm

Historic Preservation

April 5 - 8:00pm

Environmental Commission Meeting

April 16 - 7:45pm

Library Board Meeting

April 26 - 7:30pm

Reminders

Montvale Clean-up Event In Honor of Earth Day 2018

Borough of Montvale

April 28, 2018

9:00 am to noon

Red Shed (near the field) on Memorial Drive, Montvale
(trash bags are returned to the Red Shed at noon)

For additional Information call 201-391-5700 ext. 257 or
e-mail Robert Hanrahan at ghanrahan@montvaleboro.org



Complementary light breakfast/coffee courtesy of
Wegmans & **DUNKIN' DONUTS** *will be served*

Residents of all ages are invited to



gloves & trash bags are provided by BC Clean Communities

Borough of Montvale would like to thank the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, & Montvale Girl Scouts. Also, the residents & groups that donated their time. Special thank you to Wegmans & Dunkin Donuts.

Community service hours will be granted, forms are available.

Montvale Senior Club

We welcomed Daylight Savings Time, March 11th and the first day of Spring, March 21. It is so refreshing to enjoy Mother Nature starting to sprout her beauty of colors and scents of plants, trees, flowers and fields of greenery. We look forward to enjoy the outdoors of Spring and Summer. March included a gala luncheon at Seasons Restaurant, celebrating St. Patrick's Day, dancing to our favorite tunes and Irish melodies.

We feature trips and interests of culture, entertainment and beauty. A Tribute to Neil Diamond, March 21, at Mt. Airy Lodge Casino in PA. A day trip to SCULPTURE GARDENS in Hamilton, NJ, Tues, April 24th, Cost \$16.00, contact Marie Dineen at 201-391-1831. The Seniors were invited to attend plays with free admission at the Pascack Valley High School, March 13, and the Park Ridge High School on March 21st. A (3) day trip in June to WOODLOCK PINES resort, Hawley PA, contact Rosemarie Kelly at 201-391-8718. We support our Boy Scouts of America by attending their annual Spaghetti Dinner at Fieldstone School on April 13th. A NYC play, A Bronx Tale with lunch at Brazil's in October is now on our agenda for the Fall. A Tribute to Neil Diamond, featuring Neil Dankman for our entertaining pleasure at our meeting on April 19th.

We have (3) new programs in April. MEMORIES class 2nd and 4th Friday. A Craft class, Tuesday, 1:00 to 2:30pm. For further info, contact Marie Dineen at 391-1831. We will start Pickle Ball in the Spring and will resume, Bocce. Coordinator, John Rotante 391-4194. Bocce participants will be eligible for tournaments,

Our 55 and over Senior Club, located at Memorial Drive, Montvale meets the 1st and 3rd Thursday of the month. Subway sandwiches are served with coffee/tea and dessert at our first meeting. Danishes, coffee/tea served at our second meeting. Our annual dues are \$10.00 and \$2.00 for refreshments at our monthly meetings. A monthly calendar is always available and a myriad of flyers of interests are displayed on our bulletin board at the Senior Center for your convenience. Once a year, we have our SENIOR EXPO, given by our committee coordinators, explaining the purpose and the details of our activities. We offer opportunities to socialize with new friends and renew old acquaintances. In addition, our club has a wide array of activities, Pizza/Bingo, card games, canasta, mahjong board games, and our book discussion club. We have TAI CHI classes open to residents and non residents at the Senior Center on Fridays from 12:15 to 1:00pm. Game Day is held on Tuesday and Wednesday. Our HUMC nurse is available at our monthly meetings for a "Health and Wellness" program. Chair exercises are offered. A gym is available with state of the art equipment.

A committee member attends a monthly meeting at the Bergen County Senior Citizens Coordinating Council and reports are brought to our attention for any or new proposals or agendas that affect seniors of Bergen County. We have other celebrations through the year; a Harvest Luncheon, by the Montvale Police Department, luncheons at Christmas, Valentine's Day, Mother's Day etc. We have entertaining programs giving us a day of laughter and reminiscing. Come join us, bring your ideas to "the table". We welcome you to enjoy your life and to share the fellowship with your neighbors.

RECREATION

Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Holiday Tree Lighting, the Egg Coloring and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Montvale Day in the Park 2018

The 2018 Day in the Park will take place on Saturday, June 16th with a rain date of Sunday, June 17th.

The Special Events Committee is currently seeking volunteers for the event as well as non-profit organizations that would like to be involved in the event. Please email MontvaleRecreation@montvaleboro.org We look forward to seeing everyone come back for another family fun-filled afternoon!

Introduction to Ham Radio

Montvale Borough Hall
Council Chambers
Saturday, April 14th 11:00AM
FREE Workshop

Ham/Amateur radio is a fun and interesting hobby! You can talk to local radio enthusiasts or make contacts all over the globe. You can communicate with the International Space Station and even use satellites that are orbiting the Earth to make radio contacts. You may even want to participate in radio contests that happen throughout the year.

Amateur radio also plays an important role during emergencies. Storms and power outages may impact your ability to use your home phone and get on the internet. How will you communicate in an emergency if your cell phone is broken, has a dead battery or you're in an area with no cell service? Cell towers can be damaged or overwhelmed during a disaster making your cell phone useless. During times like this, amateur radio can be used to get help or communicate with friends & family.

Come join us to learn how you can easily obtain a ham radio license to be a part of this rewarding, fun hobby! There is always something new to learn and you'll gain an important skill to have in emergencies.

Please email MontvaleRecreation@montvaleboro.org for interest!

TALKIN' BASEBALL

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

RECREATION PROGRAMS

2018 Montvale Recreation Summer Camp Changes

July 2nd – July 27th (No Camp on July 4th)

Monday – Friday

9:30AM – 2:30PM

Memorial Drive

Montvale Recreation will be extending summer camp hours beginning in 2018. Camp hours will now be 9:30AM-2:30PM. This will allow more time to expand the scope of our activities, entertainment and overall structure of camp. The following changes will be incorporated this summer to account for the ten extra hours per week:

- Additional space and classrooms at Memorial School for our use
- The installation of a large tent with picnic tables on the swim club field to provide shade for activities and lunch (non-rain days). Rain day lunch will take place in Memorial and the Community Center.
- The option of sending your camper with a lunch (which will be stored in an indoor, air-conditioned facility) OR hot lunches can be pre-ordered.
- Pre-ordered lunches will be prepared by Big Daddy's at the Snack Shack and served to campers at their designated lunch time. Parents will be able to choose which days their camper receives a hot lunch. The menu will include the following lunch options at \$5 a day:
 - Hamburger or Cheeseburger with French Fries and a drink
 - Chicken Fingers with French Fries and a drink
 - Hot Dog with French Fries and a drink
 - Pizza with a drink
- Off Site Trips (for an additional cost) for the 6th and 7th Graders w/ provided transportation
- Campers will be able to utilize the water inflatables for a longer period of time.
- Increased variation and quantity of camp entertainment as well as activities.

Camp Fees: The fee for summer camp has been increased this year only to account for the additional hours at camp. The hourly rate per camper has actually been decreased to offset the overall cost.

Resident Fee for all 4 weeks of Camp: \$320 per child (Family Max- \$960)

Non-Resident Fee for all 4 weeks of Camp: \$380 per child (Family Max- \$1140)

RESIDENT/NON-RESIDENT: \$30 Additional Fee after Registration Period. \$25 late charge for every 15 minutes a child is left under care after camp dismissal. Payment shall be made directly to the Camp Director or Asst. Director and turned over to the Borough of Montvale.

Camper Registration Time Period: April 1st through May 1st. After May 1st, you are not guaranteed a spot in camp and you'll incur a late registration fee. Sign up online by going to montvale.org/Recreation or pickup a paper registration from Borough Hall between 8:30AM and 4:30PM, Monday-Friday.

The facilities, courts and playground on Memorial Drive are CLOSED to the public during camp days and hours (July 2nd-July 27th Monday-Friday 9:30am-2:30pm). The public will be able to access the area any day after 2:30pm. For anyone looking to use the tennis courts during camp hours, we have three tennis courts at our Chestnut Ridge Recreation Complex located at 18 Heather Ridge Lane. Thank you in advance for your cooperation as we strive to keep our campers safe.

ADULT CO-ED SOCCER

Fieldstone Middle School- Field #1
47 Spring Valley Road
Sundays 5:00-7:00PM
April 18th – May 13th
Resident Fee: \$10 Non-Resident: \$15

This program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

Monday Yoga

Montvale Community Center Atrium
1 Memorial Drive
Mondays 7:30-8:30PM
January 22nd – April 19th
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100
OPEN Registration: ONLINE: www.montvale.org/recreation

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

No Class: Presidents' Day February 19th format.

18+ Basketball will not meet on the following date: April 4th

Friday Yoga

Montvale Community Center Atrium
1 Memorial Drive
Fridays 9:30-10:30AM
January 26th – April 16th
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100
OPEN Registration: ONLINE: www.montvale.org/recreation

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2018 season, which runs from April 1st - December 31st, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/*Student	\$10.00		Child/*Student	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

*Students between the ages of 13 and 18 who are registering alone, must register as an adult

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader.

ADULT VOLLEYBALL

Memorial School Gymnasium
Tuesdays 8:00-10:00PM
January 9th – May 22nd
Resident Fee: \$50 Non-Resident Fee: \$75
Open Registration: Online or In-Person at Any Class

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend.

SENIOR'S PICKLEBALL LEAGUE

Memorial Drive Tennis Courts
Fridays 2:00PM
This program will resume when the weather allows. Please contact the Seniors Club for current playing status.

Are you a part of the Montvale Seniors Club? Join today for just \$10 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines many elements of tennis, badminton and ping-pong.

TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00PM
January 19th – April 9th (April 16th Makeup if needed)
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40
OPEN Registration: Online or In-Person at Any Class

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

30+ BASKETBALL

Memorial School Gymnasium
Mondays 8:00PM-10:00PM
September – May
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

18+ COMPETITIVE BASKETBALL

Fieldstone School Gymnasium
Wednesdays 8:00PM-10:00PM
January 3rd - May 30th
Resident Fee: \$50 Non-Resident: \$75
OPEN Registration: Attend a class to register

Men or Women 18 years of age and older can participate in this competitive style pick-up game format.

18+ Basketball will not meet on the following date: April 4th

Tri-Boro Food Pantry

For this month, The Tri-Boro Food Pantry is looking for donations of:

- Bottled Juice
- Juice Boxes
- Snacks
- White Rice

Please be sure to check labels for expiration dates.



April Highlights at the Montvale Library

Children's Department

From the Children's Department

"Garden Arts for Kids" – Tuesday, April 17 at 3:45p.m. for ages 4 and older. In person registration is required.

Spring is a great time to visit New York City. Borrow the Library's pass for the Intrepid Sea, Air & Space Museum or pick up some vouchers for the American Museum of Natural History. Pick up some bus and train schedules if you don't care to drive to NYC.

For additional information about these or any other Library programs and services, check the Library's web site at montvalelibrarynj.org, call the Library at 201-391-5090, or stop by and visit us.



Montvale Annual Community Dinner and Raffle

Friday April 13, 2018 at 6:30 PM
Fieldstone Middle School
Hosted by Montvale Boy Scout Troop 334



Come out and **JOIN YOUR COMMUNITY** for a fun filled evening of food, friends, music, a tricky tray raffle, and more! Dinner includes a full Pasta and Meatball entree including salad and fresh garlic bread. After dinner enjoy a dessert and coffee table, followed by the raffle. Prizes include Sports Tickets, a Sightseeing Flight over NYC for 3, and much more. Children will enjoy Balloon Art from our CLOWN!

Tickets at the Door:

Adults: \$8.00, Seniors: \$7.00, Children: (under 12) \$6.00

Pre-Event Tickets: \$6.00 for All Ages

For Tickets or Information:

Phone:
201-802-0252

E-mail:
troop334mail@gmail.com

PO Box 641
Montvale, NJ 07645



Proceeds benefit Boy Scout Troop 334 – Sponsored by American Legion Post 153

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CrossCountry Mortgage

STEVEN FOX
Morgan Stanley

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TOM DAVEY
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2018 Montvale Chamber

Wegmans Street Fair

Sunday June 10th

Sponsorship opportunities available

Visit www.MontvaleChamber.com



Stay on top of chamber
news and events.

Like us on Facebook!

facebook.com/Montvale-Chamber-of-Commerce

KPMG Ribbon Cutting



KPMG Ribbon Cutting of it's new state of the art building.
Pictured L to R: Steven Fox, KPMG CFO David Turner,
Mayor Mike Ghassali, Scott Forman.



Join the Chamber! www.MontvaleChamber.com