# The Borough of **Montvale**

Sign up for monthly email delivery of the newsletter

Montvale.org/Subscribe

A look at the Community, including upcoming events, important notices, meetings, and more.



#### Santa Arrives in Montvale

Santa will arrive in Montvale on Christmas Eve (12/24) at 6pm via fire truck!

## IN THIS EDITION

- The Mayor's Corner
- **Police**
- Trash & Recycling **Upcoming Meetings** Montvale Officials
- **Property Maintenance**
- Library
- **Tri-boro Food Pantry**
- **Rabies Clinic**
- 8. Tree Lighting
- 9. Santa Arrival
- 10-13. Recreation
- Senior Club
- **Chamber of Commerce**

## **Mayor's Office Hours**

Mayor Michael Ghassali holds open office hours the first Tuesday of each month from 5:00pm - 7:00pm

## **Holiday Schedule**

Borough offices will be closed on Tuesday, December 25 and Tuesday, January 1. Trash collection will take place the following day.

## The Mayor's Corner

I would like to congratulate Dieter Koelling and AnnMarie Russo-Vogelsang on their election win to the Montvale council and looking forward to continue the progress working with members of the council. I also want to thank Robert Zitelli and Laureana Organ for stepping up and offering their time and talent to serve. Civic service is a duty for all of us and I always admire public servants, volunteers and elected officials at all levels for what they do.

We are getting ready for the holidays, and that means budget time at Borough Hall. I am happy to say that our department heads have been studying their budgets and are reviewing them line by line. My hope is that we maintain our current lower municipal taxes.

We presented the town-wide survey to the council and to the public, and I am thankful to the 900+ participants who took the time and filed out the survey. Copies of the results are available at Borough Hall and can send you one if you request it by email. We have much work still to be done as we analyze the data and prepare an actionable recommendation to the council.

I am also happy to report that the first Mayor's Charity Gala to benefit Mrs. Mvhre's daughter college fund netted \$31,836.14 with 280 people in attendance. It Mayor Michael Ghassali was an amazing event



and words couldn't describe the emotions seeing how members of the community, residents and businesses, stepped in to help with organizing and running the event. Fieldstone students who helped also earned four hours of community service. I am thankful and grateful to all those who contributed and volunteered to help. This was a motivation for me to start a general Mayor's Charity Fund that is 501c3 status and have it setup with a board and bylaws that will last well after me for other mayors to carry it on in the future, with its purpose to help and assist where it's needed in our community.

As the holidays are upon us, enjoy your friends and family and as always, I am here for when you need anything from me.

- Mayor Michael Ghassali

## Montvale Police Department

Over the past ten years I have typed out over 100 monthly newsletters to you that almost always started with "Hello Montvale". Sometimes the newsletter contained new or recycled messages (school is out –drive carefully, holiday safety tips), sometimes I gave cautionary warnings to make our town and roadways safer, and sometimes I reported Montvale Police Department milestones.

This letter announces another milestone. It is now time for the next chapter, for both the Montvale Police Department and me. On December 31, 2018, I will be retiring from the Montvale Police Department after more than 32 years of service.

Since December 2008 I have had the honor of leading the Montvale Police Department as the Chief of Police. I asked a lot of this very talented group of police officers and at every turn they rose to the challenge, making Montvale arguably one of the premier municipal police agencies in Bergen County and the State of New Jersey. I could not be more proud of them, and I am certain that we have exceptional individuals ready to take command of the department both in the short and long term who will continue the tradition of the Montvale Police Department protecting and serving our community.

I think it is important to thank and acknowledge some of the groups and individuals who went through this journey alongside me. All of them were partners in the overall mission and were hugely influential on me.

- First, members of the Montvale Police Department both past and present.
- My predecessors in the Office of Chief of Police Chief Jack Hanna (who hired me in 1986), Chief Anthony Scarangella, and Chief Joe Marigliani. Additionally although not a Chief, retired Captain Mike O'Donovan who taught me (and all of the young officers of that era) how to be a street cop.
- Ours sister agencies in Montvale the Montvale Fire Department under former Chief Clint Miller and current Chief Geoffrey Gibbons as well as our TriBoro Volunteer Ambulance Corps led by current President Heather McGee.
- The police departments in all of the surrounding communities, but especially our "Triboro" towns of Park Ridge and Woodcliff Lake. Thank you for always being there for us.
- All of our schools The Montvale schools under Superintendent Dr. Darren Petersen, Pascack Hills H.S. under Superintendent Erik Gundersen, and St Josephs H.S. under President Barry Donnelly.
- The former members of Citizens of Montvale Against Drugs (C.O.M.A.D.). I spent many years as a D.A.R.E. Officer and the support from them was invaluable to making the program a success.
- Our municipal court staff our past and current Judges, administrators, public defenders and prosecutors. Our partners in justice.
- Our borough professionals and members of the local boards. From Planning Board Chairman John DePinto, to Borough Engineer Andy Hipolit, to our Borough Attorneys Phil Boggia and Joe Voytus – whose sound advice kept me on the right path.
- The entire Borough of Montvale staff. Particularly our Borough Administrator Maureen Iarossi-Alwan who was always a patient sounding board when I needed to vent.
- And of course my long-time and now retired Administrative Assistant Marly Frasciello.

Finally, to the Montvale governing body. The support of the governing body to the police department has been extraordinary. All of the initiatives and endeavors that we were able accomplish were only possible through that support. I have thoroughly enjoyed and appreciated the working relationship that I have had with the Mayor and Council both current and past. I want to thank Mayor Mike Ghassali and Councilman - Police Commissioner Dieter Koelling and the entire Council for that backing.

I also want to recognize the members of the governing body who were in office in 2008 and responsible for promoting me, Mayor Roger Fyfe, Police Commissioner Sal Talarico, Councilman Tim Lane and Councilwoman Leah LaMonica. Thank you for placing your trust in me and allowing me to be the Montvale Chief of Police. I will be eternally grateful for having been given the opportunity to lead this exceptional group of men and women.

- Chief Abrams

#### **Montvale Officials**

#### Mayor

Mike Ghassali (R) MGhassali@MontvaleBoro.org

# Council President Dieter Koelling (R) DKoelling@MontvaleBoro.org

#### **Administrator / Municipal Clerk**

Maureen larossi-Alwan Miarossi@MontvaleBoro.org

#### Council

Douglas Arendacs (R) DArendacs@MontvaleBoro.org Rose Curry (R)
RCurry@MontvaleBoro.org

Elizabeth Gloeggler (D) EGloeggler@MontvaleBoro.org

Timothy E. Lane (R) TLane@MontvaleBoro.org

Michael Weaver (I) MWeaver@MontvaleBoro.org

## **Meetings This Month**

**Mayor & Council** 

**Planning Board** 

**Environmental Commission** 

Board of <u>Health</u>

Library Board

Historic Preservation

12/11 7:30pm

12/4 - 7:30pm 12/18 - 7:30pm

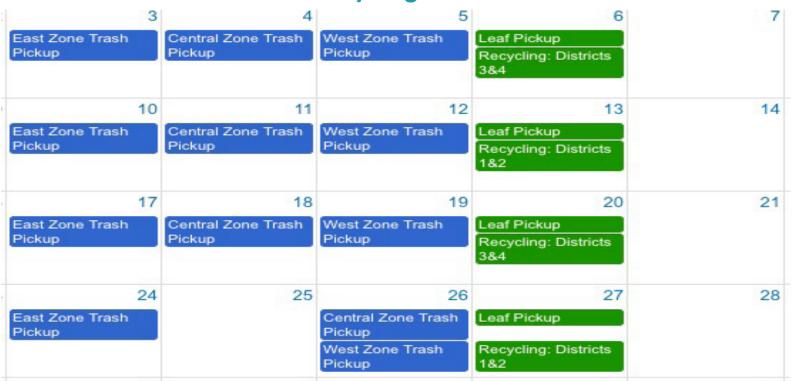
No Meeting

12/3 - 7:45pm

12/13- 7:30pm

12/6 - 8:00pm

**Trash & Recycling This Month** 

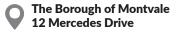


**Contact:** 



201-391-5700





## Property Maintenance Department

As we begin to see the changes in our weather and the inevitable snow and ice that is sure to come, I would like to remind all residents that it is their responsibility to make sure that leaves are not left in the streets to be picked up by your landscape contractor at some future date. These leaves get washed into storm drains and require a lot of DPW time and money to clean out. This also assures that storm water systems operate properly when we have heavy rains during this time.

Once the snow starts to fall, please be reminded that it is the responsibility of the property owner to remove ice and snow from all sidewalks that front on all sides of your property. Sidewalks must remain passable at all times. While I know this can be a frustrating endeavor as plows go by and plow in what was just shoveled, it is important to remember that roadways are the priority in order for emergency vehicles to move about town. Removal of snow soon after a snowfall will reduce the potential for it to turn to ice and be more difficult to remove later on. By doing so, we will be able to provide safe and passable sidewalks during the upcoming winter. I thank everybody in advance for their efforts and cooperation. Best wishes for a happy and prosperous holiday season.

# **December Library Highlights**

#### From the Adult Department

#### Three-week Pencil Sketching Workshop for Adults & Teens

Saturday, December 1, December 8, & December 15, 12-1:30PM

Art instructor Deirdre Molloy will teach a beginner's pencil sketching class. Limited to a maximum of 15 students (no experience necessary). The three classes will cover basic instruction on 1. Still Life, 2. Landscape and 3. Portraiture. Classes are limited to 15 people. A cash, non-refundable fee of \$5 per student is due at time of in-person registration. In-person registration begins on Thursday, November 1, starting at 10AM.

#### **Three-Week Music Enrichment Program on Famous Composers**

Saturdays, Dec 1, 8, & 15, 4-5PM

Music educator and musician Dan Lupo will present a three-part education program chronicling the lives and achievements of three of music history's greatest composers -- Ludwig van Beethoven (Dec 1), Wolfgang Amadeus Mozart (Dec 8), and Johann Sebastian Bach (Dec 15). Each program will consist of a spoken lecture as well as live piano performances. Come to one, two or all three of the lectures. Free and open to the public. Registration begins on Thursday, Nov 1, starting at 10AM. Register by phone (201-391-5090), in person, or by email at montvalelibraryprograms@gmail.com

#### **Music Concert by Kootz Band**

Sunday, December 9, 2-3:15PM (snow date: Saturday: Dec 15, 2-3:15PM)

To be held in Council Chambers, 2nd floor

Free and open to the public. Come enjoy a mix of rock, rhythm and blues, and country tunes from some of your favorites. Registration begins on Thursday, Nov 8, starting at 10AM. Register in person, by phone (201-391-5090) or via email at montvalelibraryprograms@gmail.com

#### Joni Mitchell & Judy Collins Tribute Concert

Thursday, December 13, 7-8PM

Singer and pianist Sally Willig, a Montvale resident, will perform many of the two singers' most popular hits. Part of her work includes lovingly bringing back songs of Joni Mitchell and Judy Collins whose music helped to carry Willig through her teenage years.

Free and open to the public; to be held in Council Chambers, 2nd floor. Registration begins on Thursday, Nov 8, starting at 10AM. Register in person, by phone (201-391-5090) or via email at montvalelibraryprograms@gmail.com

## **December Library Highlights**

## **Events coming up in the Children's/ Young Adult Department**

Tuesday, December 4th at 3:45pm- Hanukkah Celebration All ages- singing, games, potato pancakes! Registration starts on November 19th

Wednesday, December 5th at 3:45pm- Candles for the Holidays Craft Ages 4-6 Registration starts on November 19th

Wednesday, December 12th at 7:00pm- Parent/ Child Art Workshop
Grades 1st and up / with parent or grandparents
Paint a winter masterpiece using acrylic paint on real canvas. Give as a gift or keep as a priceless memory.
Registration starts November 26th - space limited to 12 families.

Tues., December 18th at 10:30am- Winter craft for 2-3 yr olds Registration starts on December 3rd

Wed., December 19th at 3:45pm- Snowman and Tree Craft 4-6 year olds Registration starts on December 3rd

Thursday, December 20th - College Essay Writing Workshop 11th- 12th graders Registration starts on December 10th

Wednesday, December 26th - Night Time Story Hour Children ages 3 - 6 Wear your PJs; listen to stories; have milk and cookies! Registration starts on December 10th

Thursday, December 27th at 2:00pm Watch Frozen with Elsa! Children ages 3 and up

# TRI-BORO FOOD PANTRY

The Tri-Boro Food Pantry is as busy as ever!

This month we would be grateful for donations of:

Jelly
Canned Fruit
Bottled Juice
Cleaning Supplies
Paper Towels

Please do not hesitate to contact me with any questions.

Janelle Larghi 201-390-5504









Sponsored by: Board of Health & Northwest Bergen Regional Health Commission. Dr. Cohen-Brady will be administering the vaccines & Tyco Animal Control Officers will provide animal control assistance. No appointments are necessary.

## Saturday, January 5, 2019

TIME: 10:00AM - 11:00 AM - dogs must be on non-retractable

leashes & controlled by an adult.

11:00AM - 11:30 AM - cats in carriers

## LOCATION: DPW GARAGE/ MEMORIAL DRIVE, MONTVALE

Licenses for dogs & cats may be purchased during the clinic. Only cash & checks made payable to *Borough of Montvale* are accepted.

In effort to save time, if you have received a license renewal application in the mail (in December) present it when licensing your pet(s). An application is available on borough website and at the clinic.

Dogs and cats that were inoculated at the <u>2016 Clinic</u> must be inoculated in 2019. Vaccines are valid for three years, with proof of previous rabies vaccine.

## LICENSE FEES

\$18. -neutered/spayed pet \$21. -non neutered/spayed pet \$10. - fee per pet if the owner is 55<sup>+</sup> years (proof may be required)

# 18th Annual Holiday Tree Lighting and Gift Giving

Friday, December 7th on Memorial Drive @ 7PM

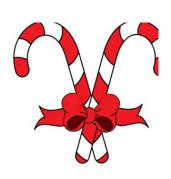
Bring the whole family for a fun-filled evening! Don't worry, we'll have a heated tent to keep you toasty!

Featuring:



The Montvale Boys and Girls Scouts









Gingerbread House Contest: Spark your creativity and bring a decorated gingerbread house to be entered into this fun contest! \*(Please limit height of house to 9 inches, width to 9 inches and length to 9 inches)\*

We invite families to bring a \*decoration (that represents your family's holiday or just one to beautify the tree) to be placed on the tree just prior to the lighting. \* Decorations will NOT to be returned.

As in the past, the Recreation Department is also collecting monetary donations, and local supermarket gift certificates in the name of the Tri-Boro Family Care Fund. These donations are to assist resident families who are having difficulty meeting their financial needs during the winter months. We will also be accepting unwrapped gifts for (that Davey's Restaurant will be giving to) less fortunate children. Please see the reverse side for donation form.

If you are in a position to help, please assist those less fortunate.

Please accept my don amount of	ation / supermarket gift certificate to the Tri-Boro Family Care Fund in the
Your Name	
Your Address	

# Santa Arrives in Montvale



#### SANTA ARRIVES IN MONTVALE

Santa will arrive in Montvale on Christmas Eve and everyone is invited. Santa will arrive in the center of town via a fire truck down Kinderkamack Road to the park in town center at 6 p.m. delivering gifts to all good little boys and girls. Hope to see you there!

#### ANNUAL FUND DRIVE

The Fund Drive is still underway. If you have made a donation, we thank you. If you wish to contribute, please mail your donation to: The Montvale Fire Department, 35 West Grand Avenue, Montvale, NJ 07645. Thank you for your support.

#### HOLIDAY DECORATIONS

Make sure all holiday decorations are fireproof and all lights and wiring is UL Approved. If you have a cut tree in your home, keep it fully watered at all times. To maintain its freshness, do not place it close to a heating source.

#### FIRE SAFETY

Fire hydrants are not always visible when snow is piled high. It is extremely important that hydrants remain accessible throughout the year. Keep the hydrant on your property clear of snow and ice. In the event of an emergency, we will all be thankful you did.

THE OFFICERS AND MEMBERS OF THE MONTVALE FIRE DEPARTMENT EXTEND BEST WISHES FOR A SAFE AND HEALTHY HOLIDAY SEASON



# **Montvale Recreation**

## **Announcements**

## **SPECIAL EVENTS COMMITTEE**

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Holiday Tree Lighting, the Egg Coloring and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

## 18th Annual Holiday Tree Lighting and Gift Giving

The Montvale Special Events Committee will be hosting its 18th Annual Holiday Lighting and Gift Giving Ceremony on Memorial Drive. The event will take place on Friday, December 7th at 7:00 PM. We would like to invite the Borough's residents to revel in the holiday spirit with free hot cocoa bar (with yummy toppings) and candy canes all while keeping warm in a heated tent. All children are welcome to participate in our Gingerbread House Contest as well! Please bring your decorated gingerbread house (limited in size to 9" x 9" x9") to the tent where it will be displayed and then judged after the tree is lit!

## Montvale's 2nd Annual Holiday House Decorating Contest

With Turn your house into a winter wonderland of lights, decorations and holiday spirit! This is a free contest meant to be a fun way to celebrate the holiday season! Register between November 23rd and December 7th for your chance to claim bragging rights as Montvale's best decorated house! Judges will be looking at registered houses between December 10th and 14th between the hours of 6PM and 8PM so please make sure your lights are on and decorations are out during these dates and times! There are 3 categories that houses can place in: Best Use of Lights, Best Theme and Best Neighborhood! Best Neighborhood will be awarded to the street with the most amount of registered and participating houses. Go to Montvale.org/Recreation then click the register tab and House Decorating to register! Please note that houses must be fully decorated by the home owner.

## **GIRLS VOLLEYBALL**

Memorial School Gymnasium
Tuesdays 7:00–8:00PM
January 8th – March 5th (March 12th makeup if needed)
Resident Fee: \$80 Non-Resident Fee: \$100
OPEN Registration: ONLINE: www.montvale.org/recreation

This eight-week program will be offered to girls in grades 5 through 8 who will learn to improve their volleyball skills through the instruction of Chris Moran.

## **ADULT VOLLEYBALL**

Memorial School Gymnasium
Tuesdays 8:00-10:00PM
January 8th – May 21st
Resident Fee: \$50 Non-Resident Fee: \$75
Open Registration: Online or In-Person at Any Class

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend.

## **MONDAY YOGA**

Montvale Community Center Atrium

1 Memorial Drive

Mondays 7:30-8:30PM

This program will resume in mid-January.

Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100 OPEN Registration: ONLINE: www.montvale.org/recreation

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

### FRIDAY YOGA

Montvale Community Center Atrium

1 Memorial Drive
Fridays 9:30-10:30AM
This program will resume in mid-January
Resident Fee: \$80 Non-Resident: \$100
OPEN Registration: ONLINE: www.montvale.org/recreation

No Class: Oct. 19th Nov. 9th, 23rd

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All

## **ADULT CO-ED SOCCER**

Fieldstone Middle School- Field #2
47 Spring Valley Road
Sundays 10:00AM-12:00PM
Spring Session Dates TBA

Resident Fee: \$10 Non-Resident: \$15

This program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

### TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive Fridays 12:15-1:00PM December 7th-January 25th Resident Fee: \$80 Non-Resident Fee: \$100 (space permitting)

Residents Who Belong to the Montvale Seniors Club: \$40 OPEN Registration: Online or In-Person at the first class of the session

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

## **30+ BASKETBALL**

Memorial School Gymnasium Mondays 8:00PM-10:00PM September 17th – May 20th

Resident Fee: \$75 Non-Resident (if space permits): \$95 OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

## SENIOR'S PICKLEBALL LEAGUE

Memorial Drive Tennis Courts Fridays 2:00PM

Are you a part of the Montvale Seniors Club? Join today for just \$10 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines many elements of tennis, badminton and ping-pong.

## **TALKIN' BASEBALL**

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

## **FIELD USE**

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability and are not finalized until you receive email confirmation of available dates from Lisa Dent.

Montvale Recreation 12 Mercedes Drive Montvale, NJ 07645 201-391-5700 ext. 251

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## **MONTVALE TENNIS COURT BADGES**

Each year residents who wish to use the courts must register to receive their new access card. Badges for the 2018 season, which runs from March 1st - December 31st, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

The 2018 tennis fee schedule is:

#### **FEES**

Residents		Non-Residents	
Adult	\$30.00	Adult	\$60.00
Child/Student	\$10.00	Child/Student	\$20.00
Household Maximum	\$50.00	Household Maximum \$100.00	
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

#### Introduction to Ham Radio

Montvale Borough Hall | FREE Workshop

Ham/Amateur radio is a fun and interesting hobby! You can talk to local radio enthusiasts or make contacts all over the globe. You can communicate with the International Space Station and even use satellites that are orbiting the Earth to make radio contacts. You may even want to participate in radio contests that happen throughout the year.

Amateur radio also plays an important role during emergencies. Storms and power outages may impact your ability to use your home phone and get on the internet. How will you communicate in an emergency if your cell phone is broken, has a dead battery or you're in an area with no cell service? Cell towers can be damaged or overwhelmed during a disaster making your cell phone useless. During times like this, amateur radio can be used to get help or communicate with friends & family.

Come join us to learn how you can easily obtain a ham radio license to be a part of this rewarding, fun hobby! There is always something new to learn and you'll gain an important skill to have in emergencies.

Please email MontvaleRecreation@montvaleboro.org for interest!

### Montvale Senior Club

December, 2018 denotes another year gone and we usually hear, "where did the year go"? Nature's weather and temperatures reminds us winter is fast approaching. The decorations, the colored lights, the seasonal music will be heard by many, as we prepare for the celebration of our Holidays. Let's embrace the holiday spirit with love, grace, cheer and peace on Earth throughout the world.

TRIPS: WOODLOCH PINES RESORT welcomes the Montvale Seniors. June 11-13, 2019. Nestled in the picturesque country of Hawley, Pa. A myriad of outdoor and indoor activities. Accommodations, dining and entertainment for your convenience and pleasure. Brochures and Newsletters are available. Contact Rosemarie Kelly at 201-391-8718 for further information and reservations.

A CHRISTMAS PLAYHOUSE at the HUNTEDON PLAYHOUSE, Wednesday, Dec. 12, inclusive of a delicious lunch and luscious desserts. Contact Marie Dineen, 201-391-1831.

A NEW YEAR'S EVE celebration at the Montvale Senior Center, Dec. 31st 6:00 pm to 12:00 pm. A delicious New Year's Eve dinner will be served, inclusive of soft drinks, dessert and coffee/tea and dancing to our favorite music. FOR CLUB MEMBERS ONLY. \$15.00 per person. Come celebrate MONTVALE SENIORS and ring in the NEW YEAR OF 2019. Contact John Rotante, 201-391-4194, or Marie Dineen, 201-391-1831.

PLEASE NOTE THE FOLLOWING SENIOR SERVICES: MONTVALE SENIOR VAN – available on Wed, Thurs, & Friday, contact 201-391-5700 for all information necessary. CHORE SERVICE - simple household repairs performed by senior volunteers for Seniors 60+ and the disabled in Bergen County. Chore direct 201-489-7790 – Volunteer Center 201-489-9454.

We look forward to the our Fall and Winter programs, highlighting the delectable Thanksgiving Luncheon, sponsored by the Montvale PBA at the Elks Hall in Park Ridge. Our Christmas dinner at Seasons restaurant feature a DJ and dancing. Our Bocce & Sports contact is John Rotante 391-4194. Bocce participants will be eligible for tournaments. Billiards will start on Tuesday, Oct. 2nd at 1:00 – 2:00pm. Future activities will be Pickle Ball, Horseshoes, & Shuffle Board.

Our 55 and over Senior Club, located at Memorial Drive, Montvale meets the 1st and 3rd Thursday of the month. Subway sandwiches are served with coffee/tea and dessert at our first meeting. Danishes, coffee/tea served at our second meeting. Our annual dues are \$10.00 and \$2.00 for refreshments at our monthly meetings. A monthly calendar and club newsletter are always available. Once a year, we have our SENIOR EXPO, given by our committee coordinators, explaining the purpose and the details of our activities. We offer opportunities to socialize with new friends and renew old acquaintances. In addition, our club has a wide array of activities, pizza/bingo, card games, canasta, mahjong board games, and our book discussion club. We have TAI CHI classes open to residents and non residents at the Senior Center on Fridays from 12:15 pm to 1:00 pm. Game Day is held on Tuesday and Wednesday. Our Wellness and Health programs provides a HUMC nurse at every meeting along with a gym and chair exercises. We welcome you to enjoy your life and to share the fellowship with your neighbors. Milli Stellatos, Corresponding Secretary. Marie Dineen, President. 201-391-1831.

SCOTT L. FORMAN

CrossCountry Mortgage

## MONTVALECHAMBER

.com

<b>CO-PRESIDENTS</b>	<b>1</b> <sup>ST</sup> VICE PRESIDENT	<b>VICE PRESIDENT</b>
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STEVEN FOX **TOM DAVEY** Dr. TOM CHAPMAN Morgan Stanley Davey's Locker

**DORIS SUTICH** Tom A. Chapman DMD Perfect Limo

THOMAS HARTEL John M. Hartel, Co.

**SECRETARY** 

**COUNSEL Board Members** 

IRA KALTMAN, ESQ LINDA MITCHELL Massage & Whole Body Health Beattie Padavano, LLC

R. LORRAINE HUTTER Borough of Montvale

**AMY DEBELLIS** Sotheby's Real Estate

**PAUL JORDAN** Wegmans Market

**TREASURER** 

Dr. Kelly Blundy Spine & Health

## **Montvale Chamber Membership**

**Save the Date:** Montvale Chamber of Commerce 2019 Regional Kick-Off

Wednesday January 23<sup>rd</sup>. KPMG will be hosting this year's event.

#### **Benefits:** Business Networking and Community Events:

- Discounted price for Montvale's annual Street Fair
- Business networking with area and regional businesses, great opportunity to generate significant business and new relationships.

#### Montvale Chambers' web-site individual company page:

- Your contact information along with company logo
- A detailed description of your products or services
- Photographs of your products or services
- A separate tab titled "Promotions", will allow you to scroll through a list of promotions/coupons/certificates and direct you to your company's individual page where clients/customers can print out your offer or certificate.

Visit the Chambers New Web-Site at: www.MontvaleChamber.com Join the Chamber: MontvaleChamber.com/join



www.facebook.com/Montvale-Chamber-of-Commerce

Stay on top of chamber news and events: facebook.com/Montvale-Chamber-of-Commerce