



The Borough of Montvale

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monthly email
delivery of the
newsletter

Montvale.org/Subscribe

A look at the Community, including upcoming events, important notices, meetings, and more.



SAVE THE DATE - CLEANUP DAY 2019 - APRIL 13TH

Sign up to participate in this year's cleanup day. For more information, view page 4.

IN THIS EDITION

1. The Mayor's Corner
2. Police
- Montvale Officials
- Upcoming Meetings
- Property Tax Information
3. Trash & Recycling
- Library Highlights
4. Cleanup Day
5. Rabies Photos
- 6-10 Recreation
11. Senior Club
- Tri-boro Food Pantry
12. Chamber of Commerce
13. Senior Club Trip

The Mayor's Corner

We are starting the year with new activities at the Planning Board; hearing plans for the old Sony property as well as the old Mercedes property. These are two major projects that are part of our court settlement agreement with Fairshare Housing. Although we settled on the density, we maintain our full control over the plans of the projects, and we intend on insuring that only what is suitable for our town will be allowed to be built. I want to thank each and every member of the planning board for their time and effort and their due diligence and passion in performing their duty and maintaining the character of our town to the best that they can.

On January 7, 2019, our new Police Chief, Joseph Sanfilippo was sworn in. Chief Sanfilippo took over for Chief Jeremy Abrams who retired after 32 years of service to our Borough. On behalf of the governing body and the community, I thank Chief Abrams for the good work that he did with the department, and wish him all the best. I am confident Chief Sanfilippo will be a great Police Chief supported by a world class Police Department.

To help the Police Department achieve its objectives, we hired three new police officers to fill vacant positions. The new officers are PO Robert Klecha, PO Nicholas Dispoto and PO Scott Gaston.



Mayor Michael Ghassali

Budget meetings are ongoing and hope that members of the public attend these meetings and witness the process and the diligence the governing body takes to ensure that every penny is accounted for and spent wisely. These meetings are open to the public, just like the M&C meetings are.

The cold and ice will be taking their toll on the roads this winter, and plans are in place to begin the road work in the spring with full paving of roads and patching potholes. Please keep an eye on your elder neighbors and if you see something that isn't normal, don't hesitate to call the Police Department. As always, feel free to contact me with any questions or concerns.

- Mayor Michael Ghassali

Property Tax Information

Property taxes are due
February 1st, 2019.

Please see page 2 for more information

MONTVALE POLICE DEPARTMENT

Beginning on February 1, P.O. John Guico will be assigned to the newly created Traffic Officer position. P.O. Guico will be responsible for enforcing traffic laws, and he will be concentrating on specific areas of the town that have been identified as trouble spots. We have started a new email address for reporting these types of areas.

The address is traffic@montvaleboro.org. Please remember that this address is not monitored 24 hours a day, and should not be used for reporting incidents in need of immediate attention.



- Chief Joseph Sanfilippo

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Elizabeth Gloeggler (D)
EGloeggler@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
MIarossi@MontvaleBoro.org

Council

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Rose Curry (R)
RCurry@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Annamarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Meetings This Month

<u>Mayor & Council</u>	<u>Planning Board</u>	<u>Environmental Commission</u>	<u>Board of Health</u>	<u>Library Board</u>	<u>Historic Preservation</u>
2/12/19 - 7:30pm 2/26/19 - 7:30pm	2/5/19 - 7:30pm 2/19/19 - 7:30pm	2/11/19 - 7:45pm	No Meeting	2/28/19 - 7:30pm	2/07/19 - 8:00pm

From the Tax Department...

Property taxes are due February 1st, 2019. Because February 10th falls on the weekend, the grace period has been extended to Monday, February 11th. After February 11th, interest will revert back to February 1. For your convenience, a dropbox is located curbside by main entrance of Library and you may also pay online through the borough website at www.montvale.org

Trash & Recycling This Month

Mon	Tue	Wed	Thu	Fri
28 East Zone Trash Pickup	29 Central Zone Trash Pickup	30 West Zone Trash Pickup	31 Recycling: Districts 3&4	1
4 East Zone Trash Pickup	5 Central Zone Trash Pickup	6 West Zone Trash Pickup	7 Recycling: Districts 1&2	8
11 East Zone Trash Pickup	12 Central Zone Trash Pickup	13 West Zone Trash Pickup	14 Recycling: Districts 3&4	15
18 East Zone Trash Pickup	19 Central Zone Trash Pickup	20 West Zone Trash Pickup	21 Recycling: Districts 1&2	22
25 East Zone Trash Pickup	26 Central Zone Trash Pickup	27 West Zone Trash Pickup	28 Recycling: Districts 3&4	1

February Library Highlights

Home Staging Talk at Library

Thursday, February 21st from 7:00 to 8:00 PM
Adult Program
Free and open to the public;
to be held in Council Chambers, 2nd floor.

Valentine craft with FEA

Tuesday, February 12th at 3:45pm
(Future Educators of America)
Children age 4-6
Registration starts February 4th

Saturday Afternoon Movie

Saturday, February 2nd at 2:00pm
Children ages 5 and up
Registration starts on January 21st

National Love Your Pet Day

Wednesday, February 20th at 4:30pm
Learn how to make homemade dog treats
Children in Kindergarten and up
Registration starts on February 11th

Chemistry in the Kitchen

Thursday, February 28th at 4:00pm
Students in 1st grade and up (\$2 fee due at registration)
Registration starts on January 19th

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale 2019 Clean-up Event

Borough of Montvale

April 13, 2019

at 9:00 AM to noon

Meet at Red Shed (across from Firehouse) on Memorial Drive

Additional Information call 201-391-5700 ext 257 or email

Robert Hanrahan at rhanrahan@montvaleboro.org



Complementary light breakfast/coffee courtesy of

Wegmans &  **DUNKIN' DONUTS** of Montvale

ALL residents of all ages are invited to



Gloves & trash bags are provided by BC Clean Communities

Borough of Montvale Thanks the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, Montvale Girl Scouts, Montvale Senior Club, and ALL THE RESIDENTS & groups that donate their time.

Community service hours will be granted, forms are available

Montvale Board of Health Provided Rabies Prevention

On Saturday, January 5, 2019 the Montvale Board of Health in cooperation with Northwest Bergen Regional Health Commission sponsored the Annual Anti-Rabies Clinic. Montvale Board of Health members, Borough employees, and the Pascack Valley DPW all worked together to ensure the continued success of the clinic. The clinic has been in existence for more than fifty years.

This year Dr. Cohen-Grady administered one hundred vaccines with the assistance of Animal Handler, Kim Nangle from Tyco Animal Control. Dogs were treated to a dog biscuit after the vaccination. State law requires all pets to be vaccinated for rabies, vaccinations play a critical role in protecting your pet from many dangerous and even fatal diseases.

The pet owners had the convenience of obtaining an annual license at the clinic. Reminder to all pet owners it is required that all pets are licensed each year to help ensure easy identification if the pet is lost. License information may be found on the borough website or at borough hall.



Montvale Recreation

Announcements

SPECIAL EVENTS COMMITTEE

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Holiday Tree Lighting, the Egg Coloring and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

PROGRAM REGISTRATION

Online Registration:

1. Go to www.montvale.org/recreation
2. Click the Register Tab at the top
3. Choose the program you would like to register for
4. Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer). Payment by cash or check made out to the Borough of Montvale.

BOLLYX

Montvale Community Center Atrium
1 Memorial Drive
Tuesdays 7:00-8:00PM
January 15th – February 5th
Resident Fee: \$40 (4-week session)

BollyX® is a Bollywood inspired dance-fitness program that combines exhilarating choreography with upbeat world music. One 50-minute class cycles between higher and lower intensity dance sequences, delivering a total body workout. BollyX®, a new and innovative cardio dance workout, inspired by Bollywood dance, allows participants to unleash their inner swagger as Bollywood truly is the central film industry of India! BollyX® is all about energy, passion, grit, intensity, excitement and confidence, encouraging participants to appreciate Bollywood dance from all regions across India. Steps have been designed with simplicity, but are so effective that participants can truly feel like they are dancing in a Bollywood movie whilst gaining an exhilarating workout and the ability to shed weight simultaneously! BollyX® is authentic, fun and approachable, it uses music that is out of this world and is a program that actually works! BollyX® embraces both women and men, giving them a chance to become rockstars! Hence their tagline..to unleash your inner ROCKSTAR!

SUMMER CAMP

Summer Camp will run July 1st through July 26th, 2019. However, camp will be closed on Thursday, July 4th and Friday, July, 5th for the holiday. Details regarding camp registration and structure will be announced by February 15th.

Counselor applications will be available at Borough Hall and Pascack Hills Guidance office beginning Friday, February 1st. Counselors must be 14 years of age or older by July 1st, 2019 to apply. Applicants must be available July 1st through July 26th (except July 4-5th) from 9:00AM-2:30PM. All applications must be returned to either Borough Hall or the Montvale Library Drop Box by Thursday, February 28th. Interviews will take place in March with specific days to be announced in February. All new counselors must be interviewed and returning counselors may or may not be interviewed based on their job review from 2018.

The mandatory counselor training will be on Friday, June 28th 12PM-4PM.

ADULT VOLLEYBALL

Memorial School Gymnasium
Tuesdays 8:00-10:00PM
January 8th – May 21st
Resident Fee: \$50 Non-Resident Fee: \$75

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend.

MONDAY YOGA

Montvale Community Center Atrium
1 Memorial Drive
Mondays 7:30-8:30PM
January 7th – March 11th (No Class: February 18th)
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

FRIDAY YOGA

Montvale Community Center Atrium
1 Memorial Drive
Fridays 9:30-10:30AM
January 11th- March 1st
Resident Fee: \$80 Non-Resident: \$100

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

ADULT CO-ED SOCCER

Fieldstone Middle School- Field #2
47 Spring Valley Road
Sundays 10:00AM-12:00PM
Spring Session Dates TBA
Resident Fee: \$10 Non-Resident: \$15

This program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00PM
December 7th-January 25th
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

30+ BASKETBALL

Memorial School Gymnasium
Mondays 8:00PM-10:00PM
September 17th - May 20th
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

SENIOR'S PICKLEBALL LEAGUE

Memorial Drive Tennis Courts
Fridays 2:00PM

This program will resume in the Spring.

Are you a part of the Montvale Seniors Club? Join today for just \$10 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines many elements of tennis, badminton and ping-pong.

TALKIN' BASEBALL

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

FIELD USE

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability and are not finalized until you receive email confirmation of available dates from Lisa Dent.

Montvale Recreation
12 Mercedes Drive
Montvale, NJ 07645
201-391-5700 ext. 251

DEADLINE FOR SPRING FIELD USE APPLICATIONS IS FEBRUARY 1ST

Please email Recreation Director, Lisa Dent, with any questions: MontvaleRecreation@montvaleboro.org

INTRODUCTION TO HAM RADIO

Montvale Borough Hall
FREE Workshop

Ham/Amateur radio is a fun and interesting hobby! You can talk to local radio enthusiasts or make contacts all over the globe. You can communicate with the International Space Station and even use satellites that are orbiting the Earth to make radio contacts. You may even want to participate in radio contests that happen throughout the year.

Amateur radio also plays an important role during emergencies. Storms and power outages may impact your ability to use your home phone and get on the internet. How will you communicate in an emergency if your cell phone is broken, has a dead battery or you're in an area with no cell service? Cell towers can be damaged or overwhelmed during a disaster making your cell phone useless. During times like this, amateur radio can be used to get help or communicate with friends & family.

Come join us to learn how you can easily obtain a ham radio license to be a part of this rewarding, fun hobby! There is always something new to learn and you'll gain an important skill to have in emergencies.

Please email MontvaleRecreation@montvaleboro.org for interest!

GIRLS VOLLEYBALL

Memorial School Gymnasium
Tuesdays 7:00-8:00PM
January 8th - March 5th (March 12th makeup if needed)
Resident Fee: \$80 Non-Resident Fee: \$100

This eight-week program will be offered to girls in grades 5 through 8 who will learn to improve their volleyball skills through the instruction of Chris Moran.

TAEKWON-DO

Montvale Community Center Atrium
1 Memorial Drive
Wednesdays and Thursdays
6:00PM-7 :00PM
Resident Fee: \$120 Non-Resident Fee: \$180 (space permitting)
Instructor: Mario Liriano; 5th Degree Black belt and over 40 years of Martial Arts experience.

TaeKwon-Do, the Korean Art of Self-Defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Grow with the tenets of TaeKwon-Do: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. This program will be offered two days/week for children. Mr. Liriano has been teaching this program for 13 years in Montvale and has produced many Black Belts (including his two daughters).

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If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

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DEADLINE FOR SPRING FIELD USE APPLICATIONS IS FEBRUARY 1ST
Montvale Recreation
MontvaleRecreation@montvaleboro.org

MONTVALE TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card. Badges for the 2018 season, which runs from March 1st - December 31st, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student	\$10.00		Child/Student	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

MONTVALE SENIOR CLUB

Our winter snows and frigid temperatures are to be expected this time of year. Looking at the beauty of colors, the beautiful sunrise and sunsets with its billowy clouds gives us an appreciation of Mother Nature. The month of Hearts and Flowers, Happy Valentine's Day to all our friends and family.

TRIPS: WOODLOCH PINES RESORT welcomes the Montvale Seniors. June 11-13, 2019. Nestled in the picturesque country of Hawley, Pa. A myriad of outdoor and indoor activities. Accommodations, Dining and entertainment for your convenience and pleasure. Brochures and Newsletters are available. Contact Rosemarie Kelly at 201-391-8718 for further information and reservations.

SAVE THE DATE:

ENJOY A Mardi Gras experience at the BROWNSTONE, Tuesday, March 5th, 2019. Contact Marie Dineen, 201-391-1831.

WESTCHESTER THEATRE: musical - NEWSIES, Friday, April 5, contact Marie Dineen, 201-391-1831. We have Entertainment and Cultural programs for your enjoyment throughout the year.

PLEASE NOTE THE FOLLOWING SENIOR SERVICES: MONTVALE SENIOR VAN - available on Wed, Thurs, & Friday, contact 201-391-5700 for all information necessary. CHORE SERVICE - simple household repairs performed by senior volunteers for Seniors 60+ and the disabled in Bergen County. Chore direct 201-489-7790 - Volunteer Center 201-489-9454.

Our Sports contact is John Rotante 391-4194. Billiards every Tuesday and Wednesday at 1:00PM -contact Bill Maki - 201-930-0463. Future activities will be Pickle Ball, Horseshoes, & Shuffle Board.

Our 55 and over Senior Club, located at Memorial Drive, Montvale meets the 1st and 3rd Thursday of the month. Subway sandwiches are served with coffee/tea and dessert at our first meeting. Danishes, coffee/tea served at our second meeting. Our annual dues are \$15.00 inclusive of desserts at our monthly meetings. A \$2.00 charge for Hero Sandwiches at the 1st meeting of the month. A monthly calendar and club newsletter are always available. Once a year, we have our SENIOR EXPO, given by our committee coordinators, explaining the purpose and the details of our activities. We offer opportunities to socialize with new friends and renew old acquaintances. In addition, our club has a wide array of activities, card games, canasta, mahjong board games, and our book discussion club. We have TAI CHI classes open to residents and non residents at the Senior Center on Fridays from 12:15 to 1:00pm. Game Day is held on Tuesday and Wednesday. Our Wellness and Health programs provides a HUMC nurse at every meeting along with a gym and chair exercises We welcome you to enjoy your life and to share the fellowship with your neighbors. Milli Stellatos, Corresponding Secretary. Marie Dineen, President. 201-391-1831.

AGING IS JUST ANOTHER OPPORTUNITY TO ADD YEARS TO YOUR LIFE"

TRI-BORO FOOD PANTRY

This month we would be grateful for donations of:

Canned fruit
Soap (bars or liquid)
White rice
Tissues

Please do not hesitate to contact me with any questions.
Janelle Larghi - 201-390-5504



CO-PRESIDENTS

SCOTT L. FORMAN
CrossCountry Mortgage

STEVEN FOX
Morgan Stanley

1ST VICE PRESIDENT

TOM DAVEY
Davey's Locker

VICE PRESIDENT

TOM CHAPMAN
Tom A. Chapman DMD

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CrossCountry Mortgage

PAUL JORDAN
Wegmans Market

Dr. Kelly Blundy
Spine & Health



The Montvale Chamber of Commerce



2019 Street Fair

Sunday June 9th

**Sponsorship opportunities available
starting Feb 11th on a first come basis.**

Stay on top of chamber
news and events.
Like us on Facebook!



facebook.com/Montvale-Chamber-of-Commerce

Join the Chamber! www.MontvaleChamber.com

The Parade of Nations & Virginia International Tattoo

"...thrill to the dazzling extravaganza of music, ceremony and patriotism!"

Formerly Azalea Festival



4 DAYS - 3 NIGHTS

APRIL 25 - 28, 2019

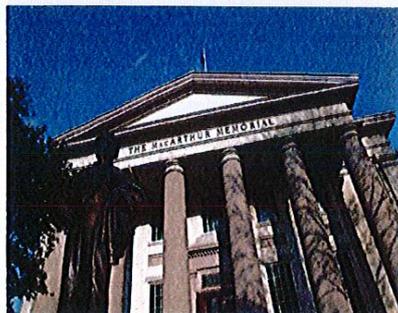
\$ 529 per person

double occupancy

\$748 Single

PACKAGE INCLUDES:

- * 3 Nights lodging
- * 3 Breakfasts
- * 3 Full course dinners including the Spirit of Norfolk Dinner Cruise
- * Performance of the Virginia International Tattoo Show
- * Reserved seats for 66th Annual Parade of Nations
- * NATO Fest Activities
- * Norfolk Naval Base Tour
- * MacArthur Memorial
- * Chrysler Museum of Art
- * Evening entertainment
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation



The Tattoo Tradition The term "tattoo" derives from the cries of the 17th & 18th century Low Country innkeepers in Scotland, who, as the fifes and drums of the local regiment signaled a return to quarters would cry, "Doe den tap toel!" (meaning "turn off the taps!") The sound of the "taps" caused the innkeepers customers to depart and return to their barracks. The word "tattoo" evolved over time and refers to what developed as a ceremonial performance of military music by massed bands today. The Virginia International Tattoo incorporates groups from around the world including acrobats, choral groups and precision military drill teams.

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

MONTVALE SENIORS

Rosemarie Kelly

56 Erie Ave.

Montvale, NJ 07645

(201) 391-8718



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