



# The Borough of Montvale

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A look at the Community, including upcoming events, important notices, meetings, and more.



## Clean-up Day - April 10, 2021

Join the Montvale Environmental Commission on Saturday April 10, 2021 for the annual clean-up day event. Learn more on page 7

## The Mayor's Corner

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With warmer weather on the way, we will begin to see more potholes and even cracks in some of the roadways. Please let us know if you see these potholes and cracks so our DPW crew can tend to them early in the season.

Our Covid-19 numbers seem to stabilize and follow the national trend, and that's great news especially as more residents are taking the vaccine and exercising safety precautions. We have a limited supply of masks and please don't hesitate to stop by and pick up masks if you are in need of masks. Ask for Nevene and she will be able to assist you.

As you may have heard, our town received \$841,000 from the national stimulus bill, and it is earmarked for Covid related expenses. This is a huge help to our local budget. Last year we spent in excess of \$350,000 for Covid related projects and this year seems to be in line with last years' expenses. We are learning more on what and how the federal

government expects local municipalities to spend the money on. Our budget this year is expected to have a tax increase, however, we have asked for clarification on if the stimulus funds can be used to offset the tax increase. The tax increase is mainly due to Covid related expenses.



Mayor Mike Ghassali

We are going to have a town hall meeting with our residents to discuss the newly signed marijuana legislation. In November our residents voted 2-1 in favor of the bill. We are obligated by law to redo our marijuana ordinance by August of this year. The town hall meeting is scheduled for April 15 at 7pm at our borough hall.

Please don't hesitate to contact myself or any council member if we can be of any assistance.

Mayor Mike Ghassali

## From The Tax Department

Homestead Rebate/Credits have been applied to your May taxes, a revised tax bill was mailed to eligible recipients. Please call the NJ Division of Taxation directly, with questions and/or concerns regarding your Homestead Rebate at 1-888-238-1233

Property taxes are due May 1. Grace period is 10 days. After May 10, interest will revert back to May 1

Borough Hall is open to the public from 8:30-4:30 Monday-Friday. For your convenience, a drop box is located curbside by the main entrance of the Library. You may pay online through the borough website at [www.montvale.org](http://www.montvale.org), or you can mail your payment to the Borough at 12 Mercedes Drive, attn: Tax Collector.

If you would like your bill returned stamped PAID, please enclose your entire bill with payment and include a self-addressed stamped envelope. As always, if you have any questions, please call Fran Scordo, Tax Collector at (201) 391-5700 ext. 254 or email [fscordo@montvaleboro.org](mailto:fscordo@montvaleboro.org)

# Montvale Police Department

U Drive. U Text. U Pay. April is Distracted Driver Awareness month, and law enforcement Officers around the State will be making an extra effort to ticket those drivers who risk their safety and the safety of others. Between April 11th, and April 15th, extra Officers will be out looking for unsafe drivers. According to numbers provided by the National Highway Traffic Safety Administration, of the 2,994 distracted drivers involved in a fatal crash, 271 (9%) involved a teen (15- to 19-year-old) driver.



## Drive Responsibly

Let's take National Distracted Driving Awareness Month as a time to regroup and take responsibility for the choices we make when we're on the road. Follow these safety tips for a safe ride every time:

- Need to send a text? Pull over and park your car in a safe location. Only then is it safe to send or read a text.
- Designate your passenger as your "designated texter." Allow them access to your phone to respond to calls or messages.
- Do not engage in social media scrolling or messaging while driving. Cell phone use can be habit-forming. Struggling to not text and drive? Put the cell phone in the trunk, glove box, or back seat of the vehicle until you arrive at your destination.

Remind your friends and family: If you're in the driver's seat, it's the only thing you should be doing. No phone calls, no texts, no eating food, or doing anything that distracts you from driving. Stay Safe and Stay Well.

Chief Joseph Sanfilippo

## Montvale Fire Department - We Can't Help You If We Can't Find You

The Montvale Fire Department would like to ask all of the town's residents to see if their house numbers are on their house and visible from the street. If not, please place or replace the house numbers so that we can find you quickly if there is an emergency.

Post your house numbers so they are clearly visible from the street. If you have a long driveway, post your house numbers at the end of the driveway as well so that they are visible both ways coming down the street. Do not assume that a police car, fire truck or an ambulance will always be approaching your house from the direction of the fire station. Many times we have to respond to emergencies while out on the road or while returning from other emergency calls and may approach your house from a different direction than usual.

Please use numbers that are at least three (3) inches in height and have a contrasting color to your trim or house color. Brass numbers look great but are very hard to see in the sunlight, and written numbers are hard to read at night. When placing numbers on your mailbox, place them on both sides and that your mail flag does not block them.

After calling 911, if possible turn on all out side lights and have somebody flag down first responders.

### IN AN EMERGENCY, CAN YOU BE FOUND?



- Use Large Visible Numbers
- Use Reflective Numbers



EVERY SECOND  
COUNTS,  
HELP US, HELP YOU

## Montvale Officials

### Mayor

Mike Ghassali (R)

MGhassali@MontvaleBoro.org

### Council President

Timothy E. Lane (R)

TLane@MontvaleBoro.org

### Administrator / Municipal Clerk

Maureen Iarossi-Alwan

Miarossi@MontvaleBoro.org

## Council

Chris Roche (R)

CRoche@MontvaleBoro.org

Rose Curry (R)

RCurry@MontvaleBoro.org

Dieter Koelling (R)

DKoelling@MontvaleBoro.org

Douglas Arendacs (R)

DArendacs@MontvaleBoro.org

Anmarie Russo-Vogelsang (R)

ARussovogelsang@MontvaleBoro.org

# Trash & Recycling This Month

Mon	Tue	Wed	Thu	Fri
29	30	31	1	2
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste Pick Up
5	6	7	8	9
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste Pick Up
12	13	14	15	16
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste Pick Up
19	20	21	22	23
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste Pick Up
26	27	28	29	30
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste Pick Up

## Montvale Board of Health - COVID-19 Vaccines

### Vaccines (shots) are one of the tools we have to fight the COVID-19 pandemic

To stop this pandemic, we need to use all of our prevention tools. Vaccines are one of the most effective tools to protect your health and prevent disease. Vaccines work with your body's natural defenses so your body will be ready to fight the virus, if you are exposed (also called immunity). Other steps, like wearing a mask that covers your nose and mouth and staying at least 6 feet away from other people you don't live with, also help stop the spread of COVID-19.

Studies show that COVID-19 vaccines are very effective at keeping you from getting COVID-19. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19. These vaccines cannot give you the disease itself. Vaccines are Safe to Take

### The vaccines are safe.

The U.S. vaccine safety system makes sure that all vaccines are as safe as possible. All the COVID-19 vaccines that are being used have gone through the same safety tests and meet the same standards as any other vaccines produced through the years. A system in place across the entire country that allows CDC to watch for safety issues and make sure the vaccines stay safe.

There are 3 types of vaccine that are currently available for COVID-19. Moderna and Pfizer are considered to be mRNA vaccines which teaches our cells how to make proteins that triggers an immune response. These 2 vaccines are given in 2 doses. The Jonson and Johnson version of the vaccine is considered to be a vector virus which uses a modified version of a different virus (the vector) to deliver important instructions to our cells. All of the vaccine that are currently offered does not affect or interact with our DNA in any way. It typically takes a few weeks for the body to build immunity (protection against the virus that causes COVID-19) after vaccination. That means it's possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and still get sick. This is because the vaccine has not had enough time to provide protection.

The vaccines may cause side effects in some people, like sore muscles, feeling tired, or mild fever. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a day or two. Having these types of side effects does NOT mean that you have COVID-19. If you have questions about your health after your shot, call your doctor, nurse, or clinic. As with any medicine, it is rare but possible to have a serious reaction, such as not being able to breathe. It is very unlikely that this will happen, but if it does, call 911 or go to the nearest emergency room.

When you get the vaccine, you and your healthcare worker will both need to wear masks. CDC recommends that during the pandemic, people wear a mask that covers their nose and mouth when in contact with others outside their household, when in healthcare facilities, and when receiving any vaccine, including a COVID-19 vaccine.

Even after you get your vaccine, you will need to keep wearing a mask that covers your nose and mouth, washing your hands often, and staying at least 6 feet away from other people you do not live with. This gives you and others the best protection from catching the virus. Right now, experts don't know how long the vaccine will protect you, so it's a good idea to continue following the guidelines from CDC and your health department. We also know not everyone will be able to get vaccinated right away, so it's still important to protect yourself and others.

To get more information on the COVID-19 vaccination, please visit [https://www.nj.gov/health/cd/topics/covid2019\\_vaccination.shtml](https://www.nj.gov/health/cd/topics/covid2019_vaccination.shtml) or call the New Jersey Department of Health Covid-19 vaccination line at 855-568-0545. You can also contact NWBRHC to get a schedule of

**Contact:**



201-391-5700



[www.Montvale.org](http://www.Montvale.org)



The Borough of Montvale  
12 Mercedes Drive

## Huff Pond Closure



The Huff Pond and surrounding area is closed for long overdue redesign and beautification. The work should take approximately 8 weeks, weather permitting. Please watch children when in the area to make sure they stay well outside the fence where we will have large equipment moving about. The children's playground area will remain open, but the trail behind the pond is closed. The walking trail will officially open along with our new pond.

## Montvale Senior Club

Ushering in April, with nature's beauty of blossoms, and greenery gives us an appreciation of our environment.

The Senior Center remains closed for our monthly meetings and events except for the following:

- CHAIR EXERCISES Monday and Wednesday from 11:00 am to 12:00 pm.
- TIA CHI every Thursday from 11:00 am to 12:00 pm.

All Covid rules are still in effect, upon arrival, temperature checks, masks, ten (10) participants in a room and 6 feet apart. Some indoor games will be allowed, please check with President, Marie Dineen (201) 391-1831 for date, time and day.

A Holiday Drive through will be scheduled. An email will be sent to all members with day, time, and date.

Bocce Courts will start upon completion of maintenance.

New Members will be welcome to join as soon as the Covid restrictions are lifted.

We wish everyone to stay safe and look forward to resuming our scheduled normal meetings, the first Thursday of the month and the third Thursday of the month from 12:00 pm to 2:00 pm.

## Tri-Boro Food Pantry

This month we would be grateful for donations of jarred sauce, jelly, tuna or canned chicken. The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 Mercedes Drive. Thank you for your support!



**Contact:**

 201-391-5700

 [www.Montvale.org](http://www.Montvale.org)

 The Borough of Montvale  
12 Mercedes Drive

# Montvale Public Library

Please check our website and our Facebook page for updates during this time. Links to our Facebook, Good Reads, Instagram, Twitter and Spotify accounts as well as all of our databases such as Hoopla, Kanopy and Ancestry are available on our website: [www.montvalelibrarynj.org](http://www.montvalelibrarynj.org).

## Adult Programs

April 5, 12, 19, 26 2021

7:00 - 8:00 p.m.

Sketching with Peri

Get in touch with your creative side. Join Artist Peri for a four-week sketching class! Please note that space is limited.

April 8, 2021

7:00 - 8:00 p.m.

True Crime Book Club

This month we will be reading *Ripped from the Headlines! The Shocking True Crimes Behind the Movies' Most Memorable Crimes* by Harold Schechter. We still have openings in this group. Email [george.galuschak@montvale.bccls.org](mailto:george.galuschak@montvale.bccls.org) if you are interested in joining.

April 13, 2021

7:00 - 8:00 p.m.

Sustainability in the Home Garden

Thinking of your garden as part of an ecosystem and managing it more sustainably can make garden upkeep easier and less expensive. This workshop, led by horticulturist Elaine Silverstein, will define what it means to garden sustainably and then describe specific steps you can take. Topics include Leave the Leaves, making compost, sustainable lawn care, and planting native plants.

April 15, 2021

7:00 - 8:00 p.m.

Ellis Island: Island of Hope, Island of Tears.

Join us for a slideshow and lecture spanning Ellis Island's history up to the present day. Relive the stories of the men and women who passed through the island on their journey to America, and learn why Ellis Island is called The Island of Hope and The Island of Tears. Part one of a two-part lecture.

April 22, 2021

7:00 - 8:00 p.m.

The History of Ellis Island Immigration Hospital & The Statue of Liberty. Part Two.

This slideshow and lecture will focus on the Ellis Island Immigration Hospital and the Statue of Liberty. Hear the stories of the patients, nurses and doctors who worked at the Ellis Island Immigrant General Hospital Complex and Contagious Disease Hospital. There will also be a short history and slideshow of the Statue of Liberty, both past and present. Part two of a two-part lecture.

To register for any of our adult programs, please visit the Montvale Library website calendar.

## Upcoming Virtual Book Groups

All are welcome to join our virtual book groups via Zoom. Please contact Lorissa Lightman at [Lorissa.lightman@montvale.bccls.org](mailto:Lorissa.lightman@montvale.bccls.org) or 201-391-5090 for additional information. Visit our website at <https://www.montvalelibrarynj.org/adultbooksclubs> and our social media outlets for the latest news on our book groups.

April 5, 2021

10:30 a.m.

Monday Morning Virtual Book Group: *SHE SAID* by Jodi Kantor

April 12, 2021

12:00 p.m.

Monday Afternoon Virtual Book Group: *THE SPLENDID AND THE VILE* by Erik Larson

May 3, 2021

10:30 a.m.

Monday Morning Virtual Book Group: *UNSEEN CITY* by Amy Shearn

May 10, 2021

12:00 p.m.

Monday Afternoon Virtual Book Group: *THE VANISHING HALF* by Brit Bennett

The Montvale Cookbook Supper Club will meet on Monday, April 19th at 6:30pm via Zoom. This month's selection is "Once Upon A Chef" by Jennifer Segal, classically trained chef, cookbook author and busy mom. For further information, please contact Therese Jones at [therese.jones@montvale.bccls.org](mailto:therese.jones@montvale.bccls.org).

# Montvale Public Library - Continued

## Children's Department- April Showers bring.....Programs!

### Read with a Princess!

In celebration of National Library Week, Princess Belle will be hosting a Storytime and share some of her most cherished books! Join us virtually on Wednesday, April 7th at 3:45pm to read, sing and talk about some of your favorite books with Belle and feel free to dress like a princess too! Registration is required.

### Ms. Jolie Move and Groove

Get ready to dance and sing with Ms. Jolie Move and Groove Class! Join us for a live Zoom Tuesday mornings for the month of April at 9:30am. On April 6, 13, 20, and 27, Ms. Jolie will bring energy and fun while she sings, dances and gets you grooving! This class is best suited for 5 years and younger. Registration is required to receive the Zoom link through our Calendar of events.

### Turtles, snakes and insects oh my!

On Thursday, April 15 at 3:45pm, Montvale Library will be hosting a virtual program about animals and their habitats. A naturalist from Morris County Park Commission will be joining us to talk about native animals, invertebrates and vertebrates and their adaptations and will be featuring live animals! Registration is required/

### Write on! Ms. Mary's Writing Club

Ms. Mary continues to host a live virtual writer's club at Montvale Library. Come to one meeting or come to all! We will guide young writers in their personal writing, provide feedback and teach techniques of many popular authors. This is a virtual club that meets monthly at 3:45 pm and is for Middle School Students. The next meeting will be on April 14th. Registration is required.

### Middle Grade Readers Book Club

Who loves to read and talk about great books? Join us to talk about books! New members are always welcome to get the buzz on new books, and share your favorite titles with friends (virtually of course). The next meeting is Wednesday, April 21st at 3:45. Registration is required and best for grades 4-8.

### Zoom to the Moon Toddler Program

Ms. Liz will be back Wednesdays April 14, 21, and 28 for some stories, songs and fun! Join us at 10:30am on Zoom!

### Celebrating Earth Day on April 22

#### Little Learners

On Thursday, April 22nd 1:30pm Ms. Daniela's Little Learners will explore stories and activities about nature, recycling and conservation for ages 3 to 5. Registration is required.

### Crafternoon

On Thursday, April 22nd at 3:45pm, we will have Earth Day Crafternoon. Materials for a special grab and go craft will be available that we make collectively on Zoom while we talk about different ways to support and protect our planet! Ages 6 and older and registration is required.

### Artist Peri Art class

Grab your pencils and paper! On Monday, April 19th at 4:00pm, Artist Peri is back for another great Art class. You do not need any art experience, just come join us virtually on! Artist Peri will walk through a drawing step by step so you can create a work of art of your own.

### Bedtime Stories with Ms. Mary

Ms. Mary sure knows how to pick great books to read aloud! Families are encouraged to register and join her for a live virtual Bedtime Story session on Thursday, April 29th at 7:00 pm. If you miss this, Ms. Mary records and posts a new story every Thursday on our Facebook page. So, grab your favorite stuffed animal and snuggle in to hear some wonderful, relaxing stories,

### Book Bundles

As always, the Children's Room staff are ready to hand select books according to your child's age and reading preferences. We will also help pick at any book titles or series you already have in mind. Just send us a quick email to [childrensdepartment@montvale.bccls.org](mailto:childrensdepartment@montvale.bccls.org) with your library card number, child's name and book favorites and we will prepare a bag of personalized reads ready to go that same day. Don't hesitate, your child may just find their next favorite read!

### Grab and Go

The Children's Department continues to develop great craft projects! We are busy planning and creating wonderful Grab and Go crafts for you to pick up and assemble at home. Please continue to look for our weekly make and take crafts and activities on our website at <https://www.montvalelibrarynj.org/>, Facebook, Instagram and Twitter sites.

# Montvale Public Library - Continued

## eBooks and Other Online Materials

The Montvale Library now subscribes to Kanopy, a movie streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14-digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email [movlcirc@bccls.org](mailto:movlcirc@bccls.org).

Ancestry is now available to Montvale Patrons at home! Please email [movlcirc@bccls.org](mailto:movlcirc@bccls.org) for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

## Environmental Commission Cleanup Day

### Montvale 2021 Clean-up Event

Borough of Montvale  
Saturday, April 10, 2021  
at 9:00 AM to noon

Meet at Red Shed (across from Firehouse) on Memorial Drive

**Please come with mask on and maintain proper distance**

Additional Information call 201-391-5700 ext 257 or email  
Robert Hanrahan at [rhanrahan@montvaleboro.org](mailto:rhanrahan@montvaleboro.org)



**ALL residents of all ages are invited to**



Gloves & trash bags are provided by BC Clean Communities

Borough of Montvale Thanks the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, Montvale Girl Scouts, Montvale Senior Club, and ALL THE RESIDENTS & groups that donate their time.

**Community service hours will be granted, forms are available**

(Hold Harmless forms must be signed and submitted by all participants and parents of minors)

# The Montvale Diversity & Inclusion Committee Updates

The Diversity and Inclusion Committee would like to welcome our new Borough Council Liaison, Councilman Tim Lane--thank you for supporting our initiatives to ensure that all community members feel welcome in Montvale.

The Committee believes that unity drives creativity and a sense of belonging. We recognize the recent acts of hate against Asian Americans in the United States and we stand in support and solidarity with our Asian American and Pacific Islander community members.

Last month, the Committee celebrated Women's History Month, World Thinking Day, and participated in the PTO dining fundraiser. The Committee kicked off the **Ultimate Challenge** on March 1st to celebrate Women's History Month. The event challenged residents to join teams of 2 or more and walk/run 174 miles throughout the month to honor the 174 military women who have died while serving our country during the Global War on Terror.

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## CELEBRATE WOMEN'S HISTORY MONTH

WITH THE MONTVALE DIVERSITY AND INCLUSION COMMITTEE



## TAKE THE ULTIMATE CHALLENGE

HONOR THE BRAVE WOMEN WHO HAVE SERVED OUR NATION

*DURING THE ENTIRE MONTH OF MARCH, JOIN TEAMS OF 2 OR MORE AND WORK TOGETHER TO WALK/RUN 174 MILES IN HONOR OF THE 174 WOMEN WHO HAVE DIED DURING THE GLOBAL WAR ON TERROR. SEND WEEKLY UPDATES & PHOTOS TO THE DIVERSITY COMMITTEE EVERY FRIDAY AT: DIVERSITYCOMMITTEE@MONTVALEBORO.ORG*



*THIS WEEK, WE HONOR 2LT EMILY PEREZ, A GRADUATE OF THE UNITED STATES MILITARY ACADEMY AT WEST POINT.*

*AS A CADET, SHE BECAME THE HIGHEST RANKING AFRICAN-AMERICAN FEMALE IN THE HISTORY OF WEST POINT. SHE LATER GRADUATED THE ACADEMY AND SERVED AS A LIEUTENANT IN THE U.S. ARMY.*

*TRAGICALLY, EMILY WAS KILLED WHILE LEADING HER SOLDIERS DURING CONVOY OPERATIONS IN IRAQ. SHE BECAME THE FIRST FEMALE AFRICAN-AMERICAN OFFICER TO DIE IN COMBAT.*

[HTTPS://FOUNDATIONFORWOMENWARRIORS.ORG/EMILY-PEREZ-SECOND-LIEUTENANT-U-S-ARMY/](https://foundationforwomenwarriors.org/emily-perez-second-lieutenant-u-s-army/)



## TOP MONTVALE TEAMS

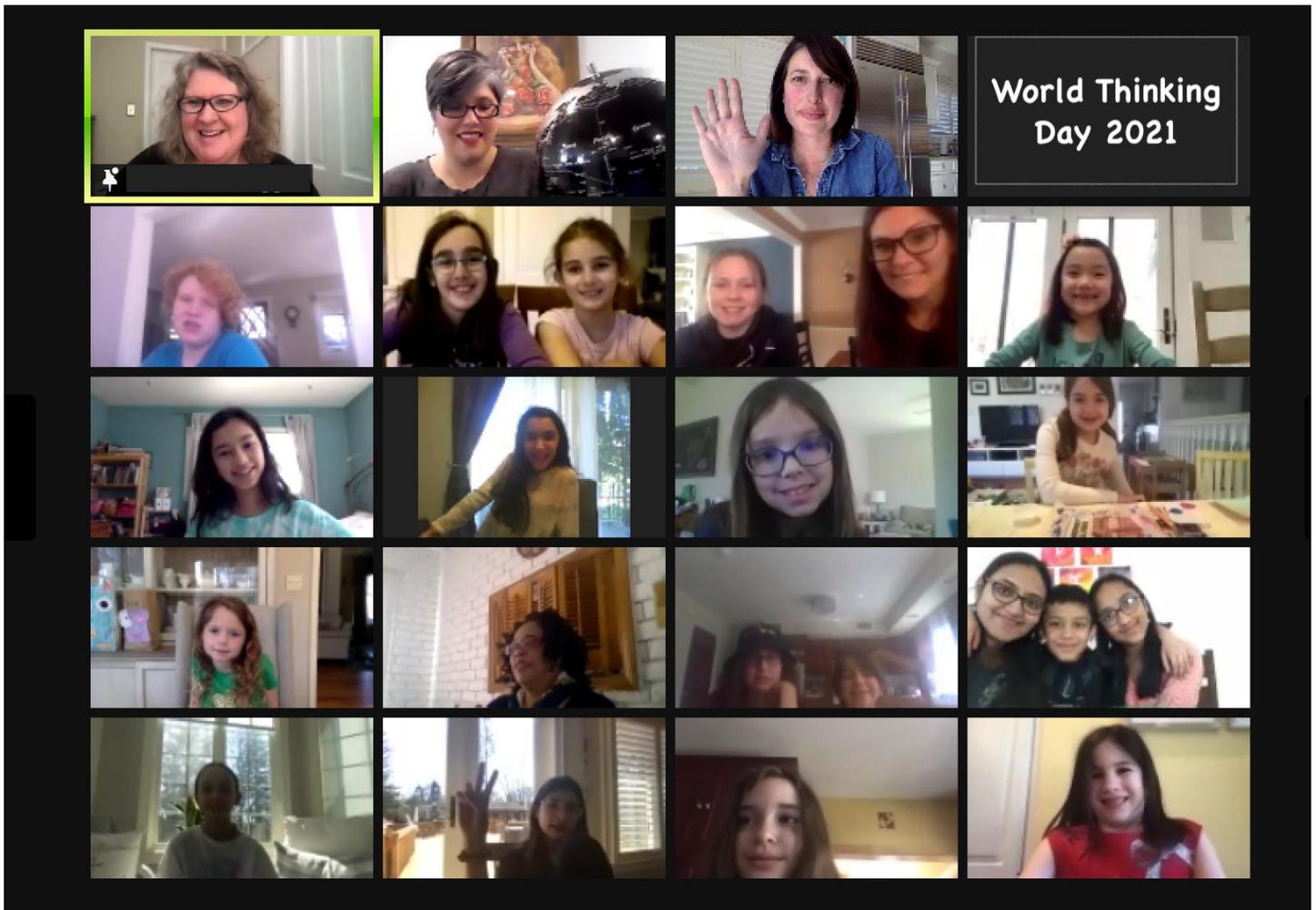
*MONTVALE RESIDENTS HAVE LOGGED OVER 1,874.2 TOTAL MILES IN SUPPORT OF WOMEN'S HISTORY MONTH*

1. **MONTVALE POLICE DEPARTMENT (481.6 MILES)**
  2. **TEAM HARLEY-HILLS HIGH SCHOOL (365.6 MILES)**
  3. **THE MONTVALE DEMOCRAT CLUB (311.4 MILES)**
  4. **DIVERSITY & INCLUSION COMMITTEE (231 MILES)**
  5. **TEAM MEMORIAL MILERS (222 MILES)**
-

## The Montvale Diversity & Inclusion Committee - Continued

On March 20th, the Committee partnered with the Girl Scouts of Montvale and the Montvale Free Public Library to celebrate **World Thinking Day**. The Zoom event included more than 50 families and highlighted what it means to be a peacebuilder. Residents of all ages were engaged in the Warli Art demo by the Shah family and how to make a California Roll with the Park family.

The Committee partnered with the PTO for a month-long international dining fundraiser which offered a new variety of options in support of our schools and local businesses.



In April, the Diversity and Inclusion Committee will focus on unity and kindness. In recognition of **World Autism Awareness Day**, on April 2nd we will ask our community to wear blue in support of understanding and acceptance of people with autism. Also, look out for social media posts asking our community to share what kindness means to them. Additionally, **Ramadan** will be observed from April 12- May 12 this year. Ramadan is a time of reflection and places an emphasis on feeding those in need. In honor of Ramadan, the Committee will hold a food drive supporting the Tri-Boro Food Pantry and benefiting community members in need.

To learn more about how to support the Committee, please contact us via email at [diversitycommittee@montvalboro.org](mailto:diversitycommittee@montvalboro.org)

# Shredding

## Fundraising Event

Benefitting Montvale's Cub Scout Pack #336



**Saturday April 24**  
**10am – 1pm**

**12 Mercedes Drive**

Montvale Municipal Complex Parking Lot (by the Library)

\$10 / small copy paper box  
\$20 / garbage bag

Cub Scout Popcorn items will  
be available for sale as well!



*Paper shredding provided by ShredX*

# Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email [MontvaleRecreation@montvaleboro.org](mailto:MontvaleRecreation@montvaleboro.org) for more information.

## Programs

Online Registration:

1. Go to [www.montvale.org/recreation](http://www.montvale.org/recreation)
2. Click the Recreation Registration Tab
3. Choose the program you would like to register for
4. Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer, Golf, Pickleball and Tennis Lessons). Payment by cash or check made out to the Borough of Montvale.

## Summer Camp

Camper Parents: Montvale Recreation is currently proceeding with plans to have Summer and Adventure Camp in 2021. The anticipated camp dates are June 28 – July 23. Further camp details are available by going to [Montvale.org/recreation](http://Montvale.org/recreation)

## Golf

Memorial Fields near the Tennis Courts  
1 Memorial Drive  
Mondays April 12 – May 17  
Resident: \$105 Non-Resident: \$125

Come tee it up with TGA Premier Golf- we bring the golf course to you! Beginner and intermediate players will have a blast building their golf skills, learning about the rules and etiquette of the game, and exploring how academic concepts like gravity, spin, and force apply to golf through fun games and

activities. We provide all the equipment! TGA of Bergen County follows all recommended guidelines and protocols put forth by the CDC, local, and state officials for running safe youth sports programs. For more information contact: Kevin Rooney [krooney@playtga.com](mailto:krooney@playtga.com) or (201) 375-7406.

SESSION	START DATE	START TIME	CLASSES
<b>Ages 5-7</b>	<b>4/12/2021</b>	<b>4:45 PM</b>	<b>6 Classes</b>
<b>Ages 8-11</b>	<b>4/12/2021</b>	<b>5:45 PM</b>	<b>6 Classes</b>
<b>Ages 12-14</b>	<b>4/12/2021</b>	<b>6:45 PM</b>	<b>6 Classes</b>

## Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Dent prior to any field use.

DEADLINE FOR SPRING FIELD USE APPLICATIONS WAS FEBRUARY 1ST

[MontvaleRecreation@montvaleboro.org](mailto:MontvaleRecreation@montvaleboro.org)

## Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2021 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: [www.montvale.org/recreation](http://www.montvale.org/recreation)

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.



<b>Residents</b>		<b>Non-Residents</b>	
Adult	\$30.00	Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00	Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00	Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00

## Tuesday Yoga

Montvale Community Center Atrium- 1 Memorial Drive  
1 Memorial Drive

Tuesdays 7:00-8:00 pm

March 23 - April 13

This program is currently operating in 4-week sessions

Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week or weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Face coverings will be required for the duration of each since this session will be held indoors. Temperature screening and a symptom questionnaire will need to be completed prior to each class.

## Ultimate Frisbee

Memorial Drive Athletic Complex  
1 Memorial Drive

Wednesdays April 14 - May 19

Resident: \$60 Non-Resident: \$80

Join TGA to learn and play Ultimate Frisbee! All ages and levels of skill are welcome and all equipment will be provided! Classes are run by trained and verified coaches who will promote sportsmanship, leadership and skill development. TGA of Bergen County follows all recommended guidelines and protocols put forth by the CDC, local, and state officials for running safe youth sports programs. For more information, please contact Kevin Rooney at [krooney@playtga.com](mailto:krooney@playtga.com) or 201-375-7406.

WWW.

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## Chamber of Commerce Board Meetings:

1<sup>st</sup> Wednesday of the Month located at Montvale Borough Hall 4:00 pm



Welcome To Montvale  
Synergy Health Advisors



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## Business Spotlight



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