



The Borough of Montvale

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A look at the Community, including upcoming events, important notices, meetings, and more.

HAPPY
NEW YEAR
2022

Happy New Year

Mayor Michael Ghassali & The Borough Council wish the residents of Montvale a happy and healthy New Year!

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The Mayor's Corner

I would like to welcome Theresa Cudequest to the Council, and thank Rose Curry for her many years of service to our town. We will be having our reorganization meeting on Sunday January 2nd, 2022, at 12PM. We will also have special dedicated budget meetings beginning, Monday, January 10th at 6:00 PM, Monday, January 24th at 6:00 PM and Monday, January 31st at 6:00 PM.

Our vaccination level in town is about 89%, higher than the state and the national average. If you are able to take the vaccine and the booster shots, I encourage you to do so. I took all three shots and continue to be vigilant and careful through my travels and meetings. It's the best defense we have against this virus.

The PSE&G project is almost complete in our town, and as soon as they are complete in Park Ridge, they will mill and pave Kinderkamack Road. We have a list of roads that we had planned to pave this year but, will carry them to early spring of 2022. This was delayed by the PSE&G projects.



I wish you a Merry Christmas and Happy and Healthy New Year. Be safe, enjoy the holidays and, feel free to contact me if I can be of any assistance. I look forward to seeing you around town.

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Annmarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
MIarossi@MontvaleBoro.org

Council

Chris Roche (R)
CRoche@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Theresa Cudequest (R)
TCudequest@MontvaleBoro.org

Montvale Police Department

Happy, Healthy, 2022. Effective January 1, 2022, after 25 years as a Police Officer, Detective Sergeant John Newell has retired to pursue other interests. All the best to John and his family in the future. Sergeant Andrew Fedick has taken over as the head of our Detective Bureau.



If you have been following local news, you will notice the incredible amount of vehicle thefts happening in our area. Some of these are occurring in broad daylight, when vehicles are left running, unattended in a driveway.

Beginning January 1, 2022, the New Jersey Attorney General has enacted new, stricter vehicular pursuit guidelines that prohibit pursuits based solely on the fact that the vehicle is stolen. I would anticipate that the individuals that are stealing vehicles here, will be even more emboldened once they realize that the police will not be chasing them. PLEASE LOCK YOUR VEHICLES AND REMOVE THE KEY FOBS.

Chief Joseph Sanfilippo

Fire Department

2022 Fire Officers

Chief: Geoffrey Gibbons

Deputy Chief: Bruce Hopper

Captain Company #1: Michael Cintineo

Lieutenant Company #1: Rick Alton

Members Wanted

The Montvale Fire Department is made up of 35 volunteer firefighters that provide fire protection to the Borough of Montvale 24 hours a day, seven days a week, 52 weeks a year. We are looking for new members to join us. No experience is necessary and training is provided. If you are a resident of Montvale and at least 16 years old, stop down at the fire house on the first, second, or fourth Thursday of the month at 8 PM or call the fire house at (201)391-4240 and leave a message and somebody will get in touch with you.

The Officers and Members of the Montvale Fire Department would like to wish everybody a very Happy, Healthy and Safe New Year.

Chief Geoffrey Gibbons



Curbside Collection

Mon	Tue	Wed	Thu	Fri
27	28	29	30	31
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pick Up
3	4	5	6	7
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	
10	11	12	13	14
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	
17	18	19	20	21
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	
24	25	26	27	28
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	
31	1	2	3	4
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	

Montvale Senior Club

Senior Center will be closed on Monday, January 17 for Martin Luther King, Jr.

Monday

Healthy Bones 10:00am-11:15am, HARP

Chair Exercises 11:00am-12:00pm (video tape), Micki Keller/Rani Mooriani

Mahjong 1:30pm-3:30pm, Kitty Stern

Tuesday

*Cornhole/Games 10:00am-12:00pm, John Rotante/Vinnie Alfano

Canasta 1:00pm-3:00pm, Fran Ohayon

Coloring/Crochet/Knitting/Needlepoint/Chat 1:00pm-2:30pm, Lucille Bothwich/Gail Clark

Tai Chi 1:30pm-2:15pm, Lisa Dent (starting date TBA)

Wednesday

Healthy Bones 10:00am-11:30am, HARP

Chair Exercises 11:00am-12:00pm, Micki Keller/Rani Mooriani

Mexican Train/Cards 1:30pm-4:00pm, Louise & George Boothby

Thursday

Pickleball 8:00am-10:00pm, John Rotante (weather permitting)

Friday

Cards – 'Five Crowns' 11:00am-1:00pm, Diane Carfora/Pat Casciano

*Bocce/Cornhole/Games 10:00am-12:00pm, Vinnie Alfano

Chair Exercises 11:00am-12:00pm, Rani Mooriani

*Cornhole/Games to be played indoors when cold for bocce.

Monthly Activities

- Senior Club Business Meeting, Thursday, January 6, 12:00pm-2:00pm. Instillation of Officers
- Book Club, Thursday, January 13, 12:30pm - Book- 'The Good Earth' Ree Hopper /Fran Ohayan
- Bingo, Friday, January 14, 5:00pm-7:00pm (\$8.00), Micki Kelle/Jodi Miller
- Senior Social Meeting, Thursday, January 20, 12:00pm-2:00pm, - Expo of Club Activities and Services provided to members, Jane Green-Chairperson, (Danish served)
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

CONTACTS

Vinnie Alfano (551) 427-8143; George & Louise Boothby (201) 476-1319; Lucile Bothwich (845) 649-2964
Dianne Carfora (201) 314-0141; Pat Casciano (201) 307-9685; Gail Clark (201) 391-7200; Lisa Dent (201) 391-5700 x251; HARP (551) 996-2038; Micki Keller (201) 573-1179; Rani Mooriani (201) 930-8950; Fran Ohayan (201) 391-4272; John Rotante (201) 391-4193

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale Public Library

Friends of the Library are continuing their book sale. There's a great selection available: fiction, non-fiction, and children's. Help the library by supporting the Friends!

Montvale Library Virtual Programs – January 2021

Please check our website www.monvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

The Friends of the Montvale Library would like to thank everyone who showed support for the library by purchasing books during our December Books Sale. We still have books available for purchase so stop by and check out our selection of adult fiction and non-fiction as well as children's and young adult titles.

Adult Programs

Strength Training for Seniors

January 6, 13, 20, 27 2022 - 1:00 - 1:45 p.m.

Join us for Strength Training for Seniors, a virtual program that increases flexibility, strength & endurance using easy-to-follow movements. Register for as many sessions as you want. Taught by Leena Kalle, certified senior strength training instructor. This is a virtual program.

One-Step Paperwork System for 2022

January 13, 2022 - 7:00 - 8:00 p.m.

Ready to get your paperwork pile sorted? Join author and organizing humorist Jamie Novak as she shares her one-step system for organizing paperwork. If you are ready to file instead of pile this is the program for you! This is a virtual program.

Wills and Estate Planning - Virtual Program

January 20, 2022 - 7:00 - 8:00 p.m.

Learn about the importance of estate planning and wills in this seminar with attorney Tina M. James. This is a virtual program.

Basics of the Mediterranean Diet: Stocking Your Pantry with its Staples - Virtual Program

January 27, 2022 - 7:00 - 8:00 p.m.

Eat healthy in the New Year! Learn the basics of the Mediterranean Diet, and how to stock your pantry with its staples. This is a virtual program.

Virtual Book Club

Monday Morning Virtual Book Group: DIANA: HER TRUE STORY by Andrew Morton (rescheduled)

January 3, 2022 - 10:30 a.m.

Monday Afternoon Book Group: THE FOUR WINDS by Kristin Hannah

January 10, 2022 - 12:00 p.m.

Group meets in person, but a virtual option is also available.

Literacy Volunteers of Pascack Valley Tutor Training Workshop

Tuesdays January 11th, 18th, 25th and February 1st, 7:30pm-9pm.

This 4 night workshop will be virtual and tutoring will be remote until the libraries are able to have tutors and students meet in person.

If you have any questions or would like to sign up for the workshop, please email: literacyvolunteerspv@gmail.com or submit a form at

<https://www.literacyvolunteerspv.org/tutor-training-workshop-form.html>

Montvale Public Library

The Montvale Cookbook Supper Club will meet on Monday, January 24 at 6:30pm to discuss Bowls: vibrant recipes with endless possibilities by America's Test Kitchen. Join the club as we discuss the popular food craze of poke bowls and its various iterations. We will meet in person at the Children's Dept. Activity Room to discuss this book. Please email Therese.Jones@montvale.bccls.org if you have questions or if you would like to attend virtually.

Children's Programs

Snow many great programs this January!

Snowman Winter Reading Challenge

For the month of January, we are building readers and snowmen right here in the library with our family Winter Reading Challenge.

Collectively every 1 hr of reading or reading 5 books, will earn a piece of a snowman! Each family member can contribute to building this frosty masterpiece. The more books you read the more complete your snowman will be.

We will provide the books and the snowman, all you have to do is register and get reading. Registration opens December 27th. This is going to be SNOW much fun!

Winter fun with Ms. Jolie!

Tune into Ms. Jolie's Live Facebook Move and Groove performances in January on Tuesday mornings at 9:30 am. Each week will feature a new theme! Register for 1 or all 4 sessions of singing, dancing and you will get a link to join in a month of fun!

January 5: 2022 Dance Party with Miss Jolie!

January 12: Winter Wiggles with Miss Jolie!

January 19: Snowman Fun with Miss Jolie!

January 26: Rock, roll, & read with Miss Jolie!

Artist Peri

Artist Peri will be hosting a virtual art class on January 10th, at 4:00 pm. Artist Peri will provide step-by-step instructions in creating a personal work of art. All you need is some paper, a pencil and a lot of imagination! This program is geared for children ages 6 and older and registration is required

Virtual Engineering Workshop

Design and build a working prototype during a new STEAM program with Learning Exchange on January 12th at 4:00 pm. Materials and supplies will be provided and together, with instruction from a facilitator, participants will be challenged to experiment and design a unique project. Registration is required. Best for grades 3-5.

Superstar Speaker Class

Our last Superstar Speaker program was such a success we have added another two classes! On January 11th and 18th at 6:45 pm, Sarah McIlroy will be back with some games, tips and tricks to improve public speaking and debate skills.

Making a Snowglobe

On January 20th at 4:00 pm we will slide into more winter fun making a snowman snowglobe! This virtual art project comes with a material kit and a guided instructor who will lead you through this "cool" masterpiece!

Martin Luther King, Jr. Day Craft

Stay tuned the week of January 10th for a grab and go craft kit celebrating Martin Luther King, Jr.'s birthday.

Montvale Public Library

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Honor System Paperbacks

Did you know that we still have honor system paperback books? They are located in the left rear of the library. We offer a variety of romance, mystery, and fiction titles. No library card needed- no due date either. Just stop at the circulation desk to tell them how many you are taking and bring them back when you are done!

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:
Storm King, Guggenheim, Intrepid, and the American Museum of Natural History.

Ebooks and other Online Material

The Montvale Library now subscribes to Kanopy, a movie streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Tri-Boro Food Pantry

The Tri Boro Food Pantry is grateful for all unexpired nonperishables donations especially:

- Oatmeal
- Macaroni & Cheese
- Jelly

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 Mercedes Drive. Thank you for your support! Happy New Year!

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Programs

Online Registration:

1. Go to MontvaleRecreation.org
2. Click the Registration Tab
3. Choose the program you would like to register for
4. Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer, Golf, Pickleball and Tennis Lessons). Payment by cash or check made out to the Borough of Montvale.

Tuesday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Tuesdays 7:00-8:00 pm
Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week or weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class. Face coverings will be required for the duration of each since this session will be held indoors. Temperature screening and a symptom questionnaire will need to be completed prior to each class.

TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00 pm
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

My Way

Memorial Drive Huff Park Area (Sr/Cmnty Center during Inclement Weather)
Wednesdays and Thursdays: 6:00-7:00 pm
Children in Kindergarten and older are welcome
Resident Fee: \$120 Non-Resident Fee: \$180

“The Way” – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

This program will be offered two days per week for children in Kindergarten and older. The class will be offered Wednesdays and Thursdays from 6:00 to 7:00pm. Classes begin Wednesday, October 13 and run for 8 weeks (16 classes total). The program will be held of the Montvale Community Center at 1 Memorial Drive (outside the community center, if necessary).

Instructor: Mario Liriano; 5th Degree Black Belt and over 40 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 16 years in Montvale and has produced many Black Belts (including his two daughters).

Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card. Badges for the 2022 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00		Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges. The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Dent prior to any field use.

THE DEADLINE FOR SPRING (MARCH-JULY) FIELD USE APPLICATIONS IS FEBRUARY 1

MontvaleRecreation@montvaleboro.org

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2021 season will become available starting July 1 at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm. The 2022 badge season will run January 1-December 31.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2021 season are available at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm. The 2022 badge season will run January 1-December 31.

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

WWW.

MONTVALECHAMBER

.com

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CrossCountry Mortgage

STEVEN FOX
Morgan Stanley

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CrossCountry Mortgage

TONI-ANN MARABELLO

Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm



WHY JOIN THE CHAMBER?

Let us help your business!



Join the Chamber: MontvaleChamber.com/join
www.facebook.com/Montvale-Chamber-of-Commerce

Stay on top of chamber news and events: facebook.com/Montvale-Chamber-of-Commerce

facebook.com/Montvale-Chamber-of-Commerce