



The Borough of Montvale

Sign up for
monthly email
delivery of the
newsletter

[Montvale.org/Subscribe](https://montvale.org/Subscribe)

A look at the Community, including upcoming events, important notices, meetings, and more.

HAPPY NEW YEAR 2023

Happy New Year!

Mayor Michael Ghassali, The Borough Council, and The Entire Borough Staff wish the residents of Montvale a Happy and Healthy New Year.

In This Edition

1. Mayor's Corner
2. Montvale Official
2. Police Department
- Fire Department
- Curbside Collection
3. Senior Club
- 3-6. Library
6. Property Maintenance
7. Food Pantry
- 7-10. Recreation
11. Chamber of Commerce

Holiday Schedule

01/2: Closed
01/18: Closed

Curbside Collection remains unchanged and will follow a normal schedule

The Mayor's Corner

With 2022 behind us, I want to wish you a happy, healthy and prosperous 2023. I am looking forward to continue serving the town alongside our amazing staff, volunteers and Council Members. We are also always looking for volunteers to serve on different boards and commissions, Tri-Boro Ambulance and the Fire Department. If you have the time and able to serve, please let me or any of our staff know.

Our long serving Police Chief, Joseph Sanfilippo retired this year after 36 years of dedicated service to the town. Chief Sanfilippo retired on December 31, 2022 and he plans to enjoy his retirement traveling and spending time in the outdoors. We all thank him and wish him all the best as he starts a new chapter in his life. Our clerk and business administrator Maureen Iarossi-Alwan also retired, after 26 years of committed service to the town. Maureen retired as a Business Administrator on December 31, 2022 and will be retiring as the Municipal Clerk on March 1, 2023. Maureen's plans after retirement are actually my favorite, to enjoy retirement and start the day without a plan.

We welcome our new Chief of Police, Doug McDowell, as he will be sworn in on January 1st, 2023 at 12PM. We also welcome our new Business Administrator, Mr. Joe Voytus, our former Borough Attorney. Mr. Voytus will be a big asset to the staff and to the towns with his years of experience and knowledge of the town, the code and process and procedures. We will be appointing Mr. Dave Lafferty, a Montvale resident, as our Borough Attorney on January 1st, 2023.



Mayor Mike Ghassali

Starting in 2023, look for the Montvale TV channel on Optimum 77 and Fios 35 as I will have a monthly sit down with Tony Salerno and talk about the activities and the issues of the month. I am looking forward to working with the new staff members and continue to be as transparent as I have for the past seven years.

Mayor Mike Ghassali
201-391-5700 X213

Mayor

Mike Ghassali (R)
MGhassali@montvaleboro.org

Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@montvaleboro.org

Administrator

Joseph Voytus
JVoytus@montvaleboro.org

Council President

Douglas Arendacs (R)
DArendacs@montvaleboro.org

Annmarie Russo-Vogelsang (R)
ARussovogelsang@montvaleboro.org

Council

Dieter Koelling (R)
DKoelling@montvaleboro.org

Timothy E. Lane (R)
TLane@montvaleboro.org

Chris Roche (R)
CRoche@montvaleboro.org

Theresa Cudequest (R)
TCudequest@montvaleboro.org

Police Department

I hope everyone had a great Holiday Season, and wish you all a happy, healthy, New Year. After 36 years as a Montvale Police Officer, including the last four years as Chief of Police, Joseph Sanfilippo has retired. Congratulations Chief Sanfilippo, and best of luck in your new venture.

Let me start by introducing myself. My name is Douglas McDowell, and as of January 1st, I will be the Borough's new Chief of Police. I began my career with the Montvale Police Department in July of 1995, as a Patrol Officer. I am fortunate to have a fantastic group of Officers, and staff, and am looking forward to the new challenge ahead.

In the coming year, we will be reimplementing some of the Community Policing programs that we did in the past. As our programs become available, we will post them on social media, and provide information in the Borough Newsletter, so stay tuned. We are hoping to get some of the 7th and 8th graders to come out and join our next Junior Police Academy, which will start later this year. Come on Fieldstone, lets see you take the JPA challenge.

Fire Department



Curbside Collection This Month

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Christmas Tree Pick-Up
9	10	11	12	13
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Christmas Tree Pick-Up
16	17	18	19	20
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Christmas Tree Pick-Up
23	24	25	26	27
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Christmas Tree Pick-Up
30	31	1	2	3
East Zone Trash Pickup	Central Zone Trash Pickup			

Senior Club - January

MONDAY

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Mooriani – 201-930-8950
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997

TUESDAY

- Cornhole/pool/ games – 10:00am-12:00pm; John Rotante -201-391-4194; Vinnie Alfano – 551-427-8143
- Canasta – 1:00pm-3:00pm Fran Ohayon – 201-391-4272
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251

WEDNESDAY

- Healthy Bones – 10:00am – 11:30am HARP 551-996-2038
- Cornhole (coed)/pool/games - 10:00am-12:00pm; Jane Green 201-248-4240
- Chair Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Moorani 201-930-8950
- Mexican Train/ Cards – 1:30pm – 3:30pm Louise & George Boothby 201-476-1319

MONTHLY ACTIVITIES

- Senior Club Business Meeting – January 5, 12:00pm – 2:00pm
- Book Club – Thursday, January 12– 12:30pm. The book this month is: - “My Brilliant Friend” by Elena Ferrante. - Ree Hopper-201-391-7386; Linda Queller – 201-505-4850
- Bingo / Pizza – Friday, January 13, 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935; Jodi Miller 551-427-4581
- Senior Club Social – Thursday, January 19, 12:00pm – 2:00pm
- Gym Open – Monday – Wednesday – Friday 8:00am-12:00pm; Dick Voorhees – 201-573-0761
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

Upcoming Trips

- We will be scheduling great trips this coming year. Stay tuned!

Corresponding Secretary - Pat Alfano

THURSDAY

- Pickleball – 8:00am – 10:00am Kurt Birkenmaier 201-574-3020
- Savory Seniors – Thursday, January 26 at 2:00pm.

FRIDAY

- Chair Exercises – 11:00am-12:00pm; Rani Moorani- 201-930-8950
- Cornhole/ pool/games – (men) 1:00pm– 3:00pm; John Rotante - 201-314-0141; Vinnie Alfano -551-427-8143
- Cards/ Rummikub – “5 Crowns” 1:30pm – 3:00pm; Dianne Carfora 314-314-0141

Montvale Public Library

Montvale Library Virtual Programs – January 2023

Please check our website www.monvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

The Friends of the Montvale Library will hold their next meeting on Thursday, February 2nd at 7:30 p.m. Please visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org for more information.

Montvale Public Library

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

January 7, 2023

12:00 p.m.

Library Activity Room & Virtual

Aging in Place

This program will give an overview of services assisting older adults who want to live in their homes safely and with dignity. Topics covered include homecare, benefits programs, wellness checks, home delivered meals, home modifications, caregiver support, and financial management. Presented by the Bergen County Division of Senior Services. This event will take place in the Library Activity Room & also be streamed live.

January 18, 2023

10:00 a.m.

VIRTUAL

Virtual Chair Yoga

Come join us for a half-hour chair yoga class, streamed online! This is a virtual class.

January 19, 2023

7:00 p.m.

Virtual Program

January Organizing Jumpstart: A 10 Day Declutter Challenge

Keep your New Year's Resolution to "get organized" by registering for this program. Join organizing guru Jamie Novak as she shares her January Jumpstart 10-day challenge. Get your 10 tiny tidy-up assignments and she'll even guide you through your first mini task live during the program. This is a virtual program.

January 26, 2023

7:00 p.m.

Library Activity Room & Virtual

DNA and its use in Genealogical Research

Increase your understanding of genetic genealogy to more effectively research your family. Learn how to use your DNA matches to enlarge your family tree. This program will take place in the Library Activity Room & also be streamed live online.

English as a Second Language

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which offers classes and free one-on-one tutoring for adults to learn English. The program offers free instruction in reading, writing and speaking skills both virtually and at the library. Each student is matched with a trained volunteer tutor. There are free group and conversation classes taught through the Westwood Public Library as well.

Interested in becoming a volunteer tutors? Potential tutors can enroll in a 12-hour training workshop which spans 4 weeks. The next 4-week Tutor Training Workshop will be offered via Zoom weekly starting January 10th, 17th, 24th and 31st.

If you have any questions or would like to sign up for the workshop, please email: literacyvolunteersspv@gmail.com or submit a form at <https://www.literacyvolunteerspv.org/tutor-training-workshop-form.html>.

Please contact Therese Jones at therese.jones@montvale.bccls.org for further information.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale Public Library

Upcoming Book Groups

January 9th, 2023

12:00PM

"The Paris Apartment: by Lucy Foley

This book group meets in person and virtually. Please contact Bombace@montvale.bccls.org for information about requesting this book or joining the book group.

February 13th, 2023

12:00PM

"Nowhere Girl"- Cheryl Diamond

The Montvale Library Cookbook Supper Club will resume full in person meetings on Monday, January 23, 2023 at 6:30pm. The book is Mooncakes and Milk Bread: Sweet & Savory Recipes Inspired by Chinese Bakeries by Kristina Cho. Please contact Therese Jones at therese.jones@montvale.bccls.org for further information.

Children's Department

New Year, New Programs in the Childrens' Room at Montvale Public Library!

New Years' Day is the time to make resolutions and one resolution that benefits everyone is to visit the library weekly if not more often. But first, if you don't have one, get a library card. Children can get their own cards when they can write their names! Second, make sure you are getting our emails! If not, give us your email address and we will add it to our list.

Do you have a little one? We have a "Babies in the 'Brary" program that's just right! On January 5, 2023, bring your baby (up to 18 months) to the library and sing along with Ms. Liz, listen to stories and do some "lap" activities. The fun begins at 10:30 a.m. An added benefit is meeting other young families.

Chess is coming back in January on Thursdays at 6:30 p.m. ChessWired will be here in person to teach chess basics and play games. It's the perfect opportunity for kids just learning and for others to get some practice and develop new strategies. Registration is required for each session: January 5, 12, 19, 26. Come to one or come to all. No need to bring supplies; all materials will be provided.

There will be a Tot Storytime (toddlers ages 2 and older, with a grown-up) on January 10th at 10:30 a.m. Little ones will read stories and sing songs and meet new friends!

On January 11, at 4 p.m., Ms. Mary is offering another First Chapter Fun session. It's a reverse book club for kids in grades 4-6 who love reading but don't always know which book to choose. Ms. Mary will read the first chapter of three or four different books. Kids are introduced to new authors and different genres. All they have to do is sit back and listen.

Yoga Littles is especially geared to helping your little ones (ages 18 months-4 years with a grown-up) develop hand-eye coordination and motor skills through creative yoga poses and movements. Bozza Yoga returns to lead your little one on January 19th and 26th at 10:30 a.m. Registration is required for each session.

Mad Science is coming on Wednesday, January 25th at 4:30 p.m. This is a dynamic 45-minute interactive program during which a trained scientist conducts live, amazing experiments that demonstrate chemical reactions, forces, and more. Come join the fun! Children of all ages are welcome (under 5 with a grown-up) and registration is required.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale Public Library

Children's Department (Continued)

All the programs can be found on our website, montvalelibrarynj.org. In addition, many of you are familiar with Ms. Mary's Bedtime Stories that post on Montvale Library's Facebook page each Thursday at 7 p.m. They will continue through January, and you can always find an older one by clicking "Videos" on the FB page. Ms. Mary will give your child a special "shout out" for a birthday if you send an email to childrensdepartment@montvale.bccls.org.

Ms. Liz, Ms. Daniela, and Ms. Mary are all excited about the new year and all the new activities and programs that we will be offering. Stop in and visit our Stay and Play Build a Snowman Activity (yes! In the library) or add a snowman to our snowy slopes under the trees!

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, Intrepid, and the American Museum of Natural History. Museum passes for the Intrepid and the American Museum of Natural History provided by the Friends of the Library.

Ebooks and Other Online Material

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period. Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Property Maintenance

To all residents this is a friendly reminder of what is required from you for all residents to be safe when venturing out during the winter months around our beautiful town. § 347-26 Removal of snow and ice. [Amended 4-9-1996 by Ord. No. 96-1021] A. The owner or owners, tenant or tenants of land abutting or bordering upon the sidewalks and gutters of the public streets, avenues and highways within the limits of the Borough of Montvale shall remove all snow and ice from the same within 24 hours of daylight after the same shall have formed or fallen thereon. [Amended at time of adoption of Code (see Ch. 1, General Provisions, Art. II)] B. No person shall sweep, shovel, push, plow or throw snow or ice in or upon any public street, sidewalk or private property belonging to another, nor shall any person direct, permit or suffer another to so do any of the foregoing from any property owned, occupied, used or leased by such person.

Please try and abide by the law and keep your sidewalks clear from ice and snow. Have a very Merry Christmas and Happy Holiday Season.



Tri Boro Food Pantry December

Happy New Year and best wishes from the Tri Boro Food Pantry! We are grateful for all unexpired nonperishables donations especially:

- Canned soup
- Crackers
- Canned fruit
- Tissues

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 Mercedes Drive. Thank you for your support!

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

30+ Basketball

Memorial School Gymnasium

Mondays 8:00 -10:00 pm

September 19 – May 22

SEPT – MAY: Resident Fee: \$75 Non-Resident: \$95

JAN – MAY: Resident Fee: \$40 Non-Resident: \$60

OPEN Registration: Attend a class to register by cash or check at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Participants can join at any time during the course of the program

Tuesday Yoga

Montvale Community Center Atrium

1 Memorial Drive

Tuesdays 7:00-8:00 pm

4-week sessions on-going

Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

The Way

Montvale Community Center Atrium

1 Memorial Drive

Tuesdays and Thursdays

6:00-7:00pm Kindergarten – Grade 4

7:00-8:00pm Grades 5 – 8

8:00-9:00pm High School and Adults

Beginning January 24

Resident Fee: \$120 Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org or attend the first class with cash/check payment

“The Way” – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

Due to the growing class sizes, this program will be split up (by age) into three separate classes starting in January. All classes will be held on Tuesdays and Thursdays accordingly; the Kindergarten through Grade 4 class will take place from 6:00-7:00pm, the Grades 5-8 class will take place from 7:00-8:00pm and the High School and Adult class will take place from 8:00-9:00pm. Classes begin Tuesday, January 24 and run for 8 weeks (16 classes total). The program will be held in the Montvale Community Center located at 1 Memorial Drive.

Instructor: Mario Liriano; 5th Degree Black Belt and over 45 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 18 years in Montvale and has produced many Black Belts (including his two daughters).

Tai Chi

Senior/Community Center Atrium: 1 Memorial Drive

Tuesdays 1:30 pm - 2:15 pm

January 10 – February 28

Resident Fee: \$80

Non-Resident Fee: \$100 (space permitting)

Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Loranger, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Loranger prior to any field use.

SPRING (MARCH-JULY) FIELD USE APPLICATION ARE ACCEPTED JANUARY 1 - FEBRUARY 1

MontvaleRecreation@montvaleboro.org

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2023 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.



<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00		Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will become available starting January 1 at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will be available at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm starting January 17.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

Montvale

Chamber of Commerce



NEWSLETTER

SAVE THE DATE

**Board Meetings 1st Wednesday
of Every Month at 4pm at Borough Hall**

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

Doris Sutich, Perfect Limo

Board Members

Linda Mitchell, Massage & Whole Body Health
Paul Jordan, Wegmans Market
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate



2023 Regional KICK-OFF EVENT

WEDNESDAY, JAN 25th 5:30 – 7:30 PM

**Location: Thrive at Montvale
110 Summit Ave, Montvale, NJ**

REGISTER TODAY!

\$10 for Members
\$20 for Non-Members



*Bring lots of business cards for this great
networking opportunity!*

For Updates & More Events!

Join the Chamber on Our Website!

WWW.MONTVALECHAMBER.COM