

PRESIDENT John Rotante
201-391-4194-home
201-819-0553-cell

MONTVALE SENIOR CALENDAR
Happy New Year

ATTENDANCE:
DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON

KITCHEN:
Vince Alfano -551-427-8143
Eric Lehmann, Vic Sutera

January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan 2 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	3 10:00am 12:00pm Cornhole/Pool 1:00pm 3:00pm Canasta 1:30pm 2:15PM TAI CHI	4 10:00am 12:00pm Game Day (Indoor) 11:00am 12:00pm chair exercise 1:30pm 3:30pm Mexican Train	5 8:00am 10:00am Pickleball 11:30am 1:00PM NURSE 12:00pm 2:00pm BUSINESS MTG -	6 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies Cards/Rummikub 1:30pm 3:30 PM Men's Indoor games
9 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	10 10:00am 12:00pm Cornhole/Pool 1:00pm 3:00pm Canasta 1:30pm 2:15PM TAI CHI	11 10:00am 12:00pm Game Day (Indoor) 11:00am 12:00pm chair exercise 1:30pm 3:30pm Mexican Train	12 8:00am 10:00am Pickleball 12:30pm 1:45pm Book Club The Brilliant Friend (Elena Ferrante)	13 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies Cards/Rummikub 1:30pm 3:30 PM Men's Indoor games 5:00pm 7:30pm Bingo
16 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	17 10:00am 12:00pm Cornhole/Pool 1:00pm 3:00pm Canasta 1:30pm 2:15PM TAI CHI	18 10:00am 12:00pm Game Day (Indoor) 11:00am 12:00pm chair exercise 1:30pm 3:30pm Mexican Train	19 8:00am 10:00am Pickleball 12:00pm 2:00pm Senior Social Meeting	20 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies Cards/Rummikub 1:30pm 3:30 PM Men's Indoor games
23 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	24 10:00am 12:00pm Cornhole/Pool 1:00pm 3:00pm Canasta 1:30pm 2:15PM TAI CHI	25 10:00am 12:00pm Game Day (Indoor) 11:00am 12:00pm chair exercise 1:30pm 3:30pm Mexican Train	26 8:00am 10:00am Pickleball 11:30am 2:00pm Savory Seniors	27 11:00am 12:00pm Chair Exer 11:30am 1:30PM Savory Seniors 1:30pm 3:30pm Ladies Cards/Rummikub 1:30pm 3:30 PM Men's Indoor games
30 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	31 10:00am 12:00pm Cornhole/Pool 1:00pm 3:00pm Canasta 1:30pm 2:15PM TAI CHI	Feb 1	2	3

MAHJONG: KITTY STERN 201-802-0997
CANASTA: FRAN OHAYON 201-391-4272
BOCCE/Game Day: JOHN ROTANTE 201-391-4194
Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise: Rani Moorjani 201-930-8950 Micki Keller 201-669-9935

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386
Linda Queller 201-505-4850
MEX TRAIN/CARDS-GEORGE&LOUISE BOOTHY 201-476-1319
Ladies Bocce/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora 201-314-0141 / Jane Green
Overnight Trips Rosemarie Kelly 201-391-8718