

PRESIDENT-John Rotante
201-391-4194-home
201-819-0553-cell

MONTVALE SENIOR CALENDAR
SEPTEMBER

ATTENDANCE:
DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON -BOB DALEY
201-307-0393

KITCHEN:
Vince Alfano -551-427-8143
Eric Lehmann, Vic Sutera

September 2023					September 2023							October 2023						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa					
					1	2	1	2	3	4	5	6	7					
3	4	5	6	7	8	9	8	9	10	11	12	13	14					
10	11	12	13	14	15	16	15	16	17	18	19	20	21					
17	18	19	20	21	22	23	22	23	24	25	26	27	28					
24	25	26	27	28	29	30	29	30	31									

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Aug 28		29		30		31		Sep 1	
								10:00am 11:30am Ladies Bocce	
								11:00am 12:00pm Chair Exercise	
								1:30pm 3:30pm Ladies Games	
4		5		6		7		8	
11:00am HOLIDAY- COMMUNITY CENTER CLOSE3D		10:00am 12:00pm Bocce		10:00am 5:00pm		8:00am 10:00am Pickleball		10:00am 11:30am Ladies Bocce	
		1:30pm 2:15PM TAI CHI		11:00am 12:00pm Chair Exercise		12:00pm 1:30pm Nurse		11:00am 12:00PM Chair Exer	
		1:30pm 3:30pm Canasta		1:30pm 3:30pm Mexican Train		12:00pm 2:00 PMBusiness Meeting		5:00pm 7:30PM BINGO	
11		12		13		14		15	
11:15AM Healthy Bones		10:00am 12:00pm Bocce		8:30am 5:00pmResort Casino Trip		8:00am 10:00am Pickleball		10:00am 11:30am Ladies Bocce	
11:00am 12:00pm Chair Exercise		1:30pm 2:15PM TAI CHI		11:00am 12:00pm Chair Exercise		12:30pm 1:30Pm Book Club Lessons in Chemistry-by Garmus		11:00am 12:00PM Chair Exer	
1:30pm 3:30pm Mah Jongg		1:30pm 3:30pm Canasta		1:30pm 3:30pm Mexican Train				1:30pm 3:30pm Ladies Games	
18		19		20		21		22	
11:15AM Healthy Bones		10:00am 12:00pm Bocce		10:00am 5:00pm		8:00am 10:00am Pickleball		10:00am 11:30am Ladies Bocce	
11:00am 12:00pm Chair Exercise		1:30pm 2:15PM TAI CHI		11:00am 12:00pm Chair Exercise		11:45am 2:30pm Social-Picnic in the Park		11:00am 12:00PM Chair Exer	
1:30pm 3:30pm Mah Jongg		1:30pm 3:30pm Canasta		1:30pm 3:30pm Mexican Train				1:30pm 3:30pm Ladies Games	
25		26		27		28		29	
11:15AM Healthy Bones		10:00am 12:00pm Bocce		10:00am 5:00pm		8:00am 10:00am Pickleball		10:00am 11:30am Ladies Bocce	
11:00am 12:00pm Chair Exercise		1:30pm 2:15PM TAI CHI		11:00am 12:00pm Chair Exercise		11:30am 1:30pm Savory Seniors (Members)		11:00am 12:00PM Chair Exer	
1:30pm 3:30pm Mah Jongg		1:30pm 3:30pm Canasta		1:30pm 3:30pm Mexican Train				1:30pm 3:30pm Ladies Games	

MAHJONG: KITTY STERN 201-802-0997
CANASTA: FRAN OHAYON 201-391-4272
BOCCE/Game Day: JOHN ROTANTE 201-391-4194
Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise:-Rani Moorjani 201-930-8950 Micki Keller 201-669-9935

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386
Linda Queller201-505-4850
MEX TRAIN/CARDS-GEORGE&LOUISE BOOTHBY 201-476-1319
Ladies B:occe/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora 201-314-0141 /Jane Green
Overnight Trips Rosemarie Kelly 201-391-8718