

PRESIDENT-John Rotante
201-391-4194-home
201-819-0553-cell

MONTVALE SENIOR CALENDAR
NOVEMBER
HAPPY THANKSGIVING

ATTENDANCE:
DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON -BOB DALEY
201-307-0393

KITCHEN:
Vince Alfano -551-427-8143
Eric Lehmann, Vic Sutera

November 2023		November 2023							December 2023						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa		
	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
19	20	21	22	23	24	25	26	27	28	29	30	31			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct 30	31	Nov 1	2	3
		10:00am 12:00pm Co-ed Bocce 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mexican Train	8:00am 10:00am Pickleball 11:30am 1pm Nurse for blood pressure 12:00pm 2pm Business Mtg	10:00am 11:30am Ladies Bocce 11:00am 12:00PM Chair Exer 1:30pm 3:30pm Ladies Games
6 Senior Center Closed for Election Day Set Up	7 CENTER CLOSED -ELECTION DAY (PLEASE REMEMBER TO VOTE)	8 10:00am 12:00pm Co-ed Bocce 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mexican Train	9 8:00am 10:00am Pickleball 12:30pm Book club -The German Housewife by Kelly Rimmer	10 10:00am 11:30am Ladies Bocce 11:00am 12:00PM Chair Exer 1:30pm 3:30pm Ladies Games 5:00pm BINGO-
13 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	14 10:00am 12:00pm co-ed Bocce 1:30pm 2:15PM TAI CHI 1:30pm 3:30pm Canasta	15 10:00am 12:00pm Co-ed Bocce 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mexican Train	16 8:00am 10:00am Pickleball 12:00pm 2:00pm Thanksgiving Social Hosted by Police Dept	17 10:00am 11:30am Ladies Bocce 11:00am 12:00PM Chair Exer 1:30pm 3:30pm Ladies Games
20 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	21 10:00am 12:00pm co-ed Bocce 11:45am 2:30pm Social-Picnic in the Park 1:30pm 2:15PM TAI CHI 1:30pm 3:30pm Canasta	22 10:00am 12:00pm Co-ed Bocce 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mexican Train	23 SENIOR CENTER CLOSED FOR THANKSGIVING HOLIDAY	24 10:00am NO Ladies Bocce 11:00am 12:00PM Chair Exer 1:30pm NO Ladies Games
27 8:00am 10:00am 11:15AM Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mah Jongg	BUS TRIP LANCASTER OVERNIGHT TRIP 5:00pm		30 8:00am 10:00am Pickleball	Dec 1

MAHJONG: KITTY STERN 201-802-0997
CANASTA: FRAN OHAYON 201-391-4272
BOCCE/Game Day: JOHN ROTANTE 201-391-4194
Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise:-Rani Moorjani 201-930-8950 Micki Keller 201-669-9935

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386
Linda Queller 201-505-4850
MEX TRAIN/CARDS-GEORGE&LOUISE BOOTHBY 201-476-1319
Ladies Bocce/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora 201-314-0141 /Jane Green
Overnight Trips Rosemarie Kelly 201-391-8718