

MONTV"ALE SENIOR CALENDAR

HAPPY ST. PATRICK'S DAY

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON -BOB DALEY

March 2024

March 2024						
Sa	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	1	2
10	11	12	13	14	8	9
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
Sa	Mo	Tu	We	Th	Fr	Sa
7	1	2	3	4	5	6
14	8	9	10	11	12	13
21	15	16	17	18	19	20
28	22	23	24	25	26	27
	29	30				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Feb 26	27	28	29	Mar 1 11:00am 12:00PM CHAIR EXERCISE 1:30pm 3:30pm Ladies Games
4 10:00am 11:15am Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	5 10:00am 12:00pm co-ed indoor games 1:30pm 3:30pm Canasta	6 10:00am 12:00pm Co-ed games 11:00am 12:00pm Chair Yoga 1:30pm 3:30pm Mexican Train	7 12:00am 130pm BUSINESS MTG 8:00am 10L99am Pickleball	8 11:00am 12:00PM CHAIR EXERCISE 1:30pm 3:30pm Ladies Games 5:00pm 7:30pm Bingo
11 10:00am 11:15am Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	12 10:00am 12:00pm co-ed indoor games 1:30pm 3:30pm Canasta	13 10:00am 12:00pm Co-ed games 11:00am 12:00pm Chair Yoga 1:30pm 3:30pm Mexican Train	14 8:00am 10L99am Pickleball 12:30pm Book Club-How to Love Your Daughter by Blum	15 8:00am 12:00PM Chair Exercise 1:30pm 3:30pm Ladies games
18 10:00am 11:15am Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	19 10:00am 12:00pm co-ed indoor games 1:30pm 3:30pm Canasta	20 10:00am 12:00pm Co-ed games 11:00am 12:00pm Chair Yoga 1:30pm 3:30pm Mexican Train	21 8:00am 10L99am Pickleball 11:45am 2:00pm social-St. Patricks Lunch	22 11:00am 12:00PM CHAIR EXERCISE 1:30pm 3:30pm Ladies Games
25 10:00am 11:15am Healthy Bones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	26 10:00am 12:00pm co-ed indoor games 1:30pm 3:30pm Canasta	27 10:00am 12:00pm Co-ed games 11:00am 12:00pm Chair Yoga 1:30pm 3:30pm Mexican Train	28 8:00am 10L99am Pickleball	29 senior center closed-GOOD FRIDAY