

PRESIDENT-John Rotante
201-391-4194-home
201-819-0553-cell

MONTVALE CALENDAR

ATTENDANCE:
DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON -BOB DALEY
201-307-0393

(if you have not paid)
ANNUAL DUES \$20.00 DUE BY CHECK
PAYBLE TO MONTVALE SENIOR CLUB

KITCHEN:
Vince Alfano -551-427-8143
Eric Lehmann, Vic Sutura

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 3 10:00am 11:15am HealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	4 9:30am 4:30pm Doolns Trip 1:30pm Canasta 1:30pm 2:15PM TAI CHI	5 11:00am 11:45am Chair Yoga 1:00pm 3:30pm Mexican Train/Cards	6 11:45am 1:45pm Business Meeting	7 11:00am 12:00PM chair exer 1:30pm 1:30pm Ladies Games
10 10:00am 11:15am HealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	11 10:00am CornHole/games 1:30pm Canasta 1:30pm 2:15PM TAI CHI	12 11:00am 11:45am Chair Yoga 1:00pm 3:30pm Mexican Train/Cards	13 12:30pm Book ClubTennis Partner-Abrahm Vorghese	14 11:00am 12:00PM chair exer 1:30pm 1:30pm Ladies Games 5:00pm 7:15pm Bingo
17 10:00am 11:15am HealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	18 10:00am CornHole/games 1:30pm Canasta 1:30pm 2:15PM TAI CHI	19 11:00am 11:45am Chair Yoga 1:00pm 3:30pm Mexican Train/Cards	20 11:45am 2:15pm Social Luncheon-St. Patrick's Day	21 11:00am 12:00PM chair exer 1:30pm 1:30pm Ladies Games
24 10:00am 11:15am HealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	25 10:00am CornHole/games 1:30pm Canasta 1:30pm 2:15PM TAI CHI	26 11:00am 11:45am Chair Yoga 1:00pm 3:30pm Mexican Train/Cards	27 11:30am :SavorySeniors 3:30pm -5:00pm State Rep discuss New Senior Tax	28 11:00am 12:00PM chair exer 1:30pm 1:30pm Ladies Games
31 10:00am 11:15am HealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	Apr 1	2	3	4

MAHJONG: KITTY STERN 201-802-0997
CANASTA: Anne Coyman 201-390-7248
BOCCE/Game Day: JOHN ROTANTE 201-391-4194
Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise:-Rani Moorjani 201-930-8950

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386
JOANNE pALKEVICH 201-573-0891
MEX TRAIN/CARDS-PatCasciano 20L-307-9685
Louise Boothby201-476-1319
Ladies B:occe/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora
Overnight Trips Rosemarie Kelly 201-391