

**PRESIDENT-John Rotante**  
**201-391-4194-home**  
**201-819-0553-cell**

**MONTVALE CALENDAR**  
**DECEMBER**  
**HAPPY HOLIDAYS**

**ATTENDANCE:**  
**DIANNE CARFORA 201-314-0141**

**GYM OPEN: MON-WED-FRI**  
**8:30AM-12:00NOON -BOB DALEY**  
**201-307-0393**

**KITCHEN:**  
**Vince Alfano -551-427-8143**  
**Eric Lehmann, Vic Sutera**

**December 2025**

December 2025							January 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Dec 1</b> 10:00am 11:15m Healthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Mahjongg	<b>2</b> 11:00am 3:00pm SEASON'S LUNCHEON FOR THOSE WHO QUALIFIED AND SIGNED UP	<b>3</b> 10:00am 12PMBOCCE 11:00am 11:45AM CHAIR YOGA 1:00pm 3:30pmMex Train/cards	<b>4</b> 12:00pm 1:45pmBusiness Meeting	<b>5</b> 11:00am 12:00pm ChairExer 1:30pm 3:30pmLadies Cards
<b>8</b> 10:00am 11:15m Healthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Mahjongg	<b>9</b> 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	<b>10</b> 11:00am 11:45AM CHAIR YOGA 1:00pm 3:30pmMex Train/cards	<b>11</b> 12:30pm 1:45PMBOOK CLUB The Bean Town Girls by Jane Healy	<b>12</b> 11:00am 12:00pm ChairExer 1:30pm 3:30pmLadies Cards
<b>15</b> 10:00am 11:15m Healthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Mahjongg	<b>16</b> 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	<b>17</b> 11:00am 11:45AM CHAIR YOGA 1:00pm 3:30pmMex Train/cards	<b>18</b> 11:30am 1:00pmCOOKIE EXCHANGE	<b>19</b> 11:00am 12:00pm ChairExer 1:30pm 3:30pmLadies Cards
<b>22</b> 10:00am 11:15m Healthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Mahjongg	<b>23</b> 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	<b>24</b> ← SENIOR CENTER CLOSED FOR HOLIDAY → <b>25</b>		
<b>29</b> 10:00am 11:15m Healthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pm Mahjongg	<b>30</b> 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	<b>31</b> CENTER CLOSED -HOLIDAY →	<b>Jan 1, 26</b>	
				<b>2</b>

**MAHJONG: KITTY STERN 201-802-0997**  
**CANASTA: Anne Coyman 201-390-7248**  
**BOCCE/Game Day: JOHN ROTANTE 201-391-4194**  
**Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935**  
**Chair Exercise:-Rani Moorjani 201-930-8950**

**TRANSPORTATION**  
**MONTVALE VAN 201-391-5700 X225**

**BOOK CLUB: REE HOPPER**  
**MEX TRAIN/CARDS-Pat Casciano 201-307-9685**  
**Louise Boothby 201-476-1319**  
**Ladies B:occe/Cards Dianne 201-314-0141**  
**DAY TRIPS: Dianne Carfora/**  
**Overnight Trips Rosemarie Kelly 201-391-8718**