

The Borough of Montvale

Sign up for monthly email delivery of the newsletter

A look at the Community, including upcoming events, important notices, meetings, and more.

Montvale.org/Subscribe



Girl Scout Troop 5833

Girl Scout Troop 5833 presented to the Mayor and Council for their Bronze Award Project. The Red Shed will be given a new coat of paint and a few extra amenities.

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Tax Department

Property taxes are due May 1, 2019. Grace period is 10 days. After May 10, interest will revert back to May 1.

For your convenience, a drop box is located curbside by main entrance of Library. You may also pay online at www.montvale.org

The Mayor's Corner

On March 18, we held a Unity in the Valley symposium highlighted by New Jersey Attorney General Gurbir Grewal. I spoke at the event representing the Pascack Valley Mayors Association, and stressed that hate has no place here. Many thanks to our council President Elizabeth Gloeggler for participating on the joint committee and contributing to this event.

The budgets came back from all of the departments and were challenged by the Council Members. I am happy to report that for the second year in a row, our budget has remained flat while maintaining a healthy surplus above the fivemillion-dollar level, AAA bond rating, and continue to spend a million dollar a year on roads paving and maintenance of roads. Although we lost \$36 million in ratables due to the non-profit status of Memorial Sloan Kettering which started this year. We were able to add an additional \$20 million in ratables from other projects. We will have more ratable added as the new projects at the former A&P, Mercedes begin to generate revenue in the next few years.

My thanks to the finance committee headed by Councilman Tim Lane, all of the departments heads and staff for helping us to keep costs down.

The 125th Anniversary



Mayor Michael Ghassali

committee is headed by Councilwoman Annmarie Russo Vogelsang, and we are promised a fun-filled year of activities and celebration. Look for the dates on the website and my emails. The first one is the old time picnic on Saturday May 18, at Huff Pond and Park.

Please continue to report potholes on the website, and as always, feel free to reach out to me if you have any questions or need assistance.

- Montvale Mayor Mike Ghassali

Montvale Police Department

Welcome to Spring. April is National Distracted Driver Month, which is a time to remind New Jersey

motorists of the State's distracted driving laws. These laws include a ban on hand-held cell phone use and text messaging by all drivers and a ban on all cell phone use (hand held or hands free) by novice drivers. The Montvale Police Department will be participating in the New Jersey State funded "U Drive. U Text. U Pay" campaign. Between April 1, and April 21, we will have extra Officers out on patrol specifically targeting distracted drivers.

During the 2018 Distracted Driving Crackdown, participating police agencies in the State issued 13,146 summonses for cell phone use/texting and 5,697 for careless driving. According to the State's website, between 2011 and 2015, over 804,000 New Jersey motor vehicle crashes involved a distracted driver. Operating a motor vehicle requires your full attention. Please put the phone down, and pay attention.



Chief Joseph Sanfilippo

Montvale Officials

Mayor

Mike Ghassali (R) MGhassali@MontvaleBoro.org

Council President

Elizabeth Gloeggler (D) EGloeggler@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen larossi-Alwan Miarossi@MontvaleBoro.org

Council

Douglas Arendacs (R) DArendacs@MontvaleBoro.org Rose Curry (R) RCurry@MontvaleBoro.org

Dieter Koelling (R) DKoelling@MontvaleBoro.org Timothy E. Lane (R) TLane@MontvaleBoro.org

Annmarie Russo-Vogelsang (R) ARussovogelsang@MontvaleBoro.org

Meetings This Month

Mayor & Council

Planning Board

4/2 - 7:30 pm 4/16 - 7:30 pm Environmental Commission 4/15- 7:45 pm Board of <u>Health</u> No Meeting

Library Board

4/4 - 7:30 pm

4/25 - 7:30 pm

Historic Preservation

4/4 - 8:00 pm

4/9 - 7:30 pm 4/30 - 7:30 pm

Trash & Recycling This Month

Fri	Thu	Wed	Tue	Mon
	28	27	26	25
	Recycling: Districts 3&4	West Zone Trash Pickup	Central Zone Trash Pickup	East Zone Trash Pickup
	7	6	5	4
	Recycling: Districts 1&2	West Zone Trash Pickup	Central Zone Trash Pickup	East Zone Trash Pickup
1	14	13	12	11
	Recycling: Districts 3&4	West Zone Trash Pickup	Central Zone Trash Pickup	East Zone Trash Pickup
2:	21	20	19	18
	Recycling: Districts 1&2	West Zone Trash Pickup	Central Zone Trash Pickup	East Zone Trash Pickup
25	28	27	26	25
	Recycling: Districts 3&4	West Zone Trash Pickup	Central Zone Trash Pickup	East Zone Trash Pickup

March Library Highlights Adult Programs

Spring Watercolor Workshop

Five-week adult watercolor workshop with Artist Peri will take place on Wednesdays (April 3, April 10, April 17, April 24, & May 1) from 7-8:30 pm. Registration is limited to a maximum of 15; participants must pay a non-refundable, one-time CASH registration fee of \$25 at time of in-person registration. A materials list will be provided at this time; participants are responsible for all of their own supplies and will need to bring them to first class session. In-person registration ONLY begins on Thursday, March 14, starting at 10 am.

5-week Pencil Sketching Mini Series for Adults & Teens

Saturdays, April 6, 13, 20, 27, & May 4 from 12-1:30 pm

Art instructor Deirdre Molloy will teach a beginner's pencil sketching class (no experience necessary). Instruction will include use of colored pencils. (All supplies will be provided as part of the \$20 pp registration fee.) Classes are limited to 15 people. A cash, non-refundable fee of \$20 per student is due at time of in-person registration. In-person registration begins on Thursday, March 14, starting at 10 am.

Financial Strategies for Women

About 90% of women will be managing their own finances at some point in their life. Women often have the best of intentions in managing their wealth, but often put themselves last. That's why every woman should have a plan! On Thursday, May 16, 2019 at 7 pm, join Debra Taylor as she discusses "10 Financial Strategies" all women can benefit from. Free and open to the public. Register by phone (201-391-5090), in person, or by email at montvalelibraryprograms@gmail.com. Registration begins on Thursday, April 18, starting at 10 am.

Contact:

201-391-5700

www.Montvale.org

The Borough of Montvale 12 Mercedes Drive

Youth Programs

Join us every Monday at 3:45 pm in April for Monday Lego Madness. Students in 1st grade and up can join us for Lego Challenges and other Lego activities. Every 5 items (books, DVDs, CDs, Magazines) checked out during the month of April gets you entered into our Lego raffle. Winners will be announced April 29. Registration for Monday Lego Madness starts on March 18.

Tuesday, April 16 at 3:45 pm - Special Spring Story Hour presented by the FEA. Join our future educators as they present a special story hour about all things Spring! This program is for children ages 4 and up. Registration starts on April 1.

Thursday, April 18 at 4:30 pm - Art Club with Artist Peri

Students in 2nd grade and up- New members always welcome Learn about a new artist every month and new techniques under the direction of award winning Artist Peri. Registration starts on April 8.

Wednesday, April 24 at 6:30 pm - Night Time Story Hour: Stuffed animal sleepover! Children ages 3 and up can bring their stuffed animals to the library to listen to bedtime stories and have some milk and cookies. Stuffed animals are then invited to stay overnight at the library! The next day they can be picked up and children can find out about all the adventures those sneaky stuffed animals had in the library overnight. Registration starts on April 8. Don't forget to wear your PJs!

Thursday, April 25 at 4:30 pm - Chemistry in the Kitchen

April is National Grilled Cheese Month and we can't think of anything better to make than grilled cheese sandwiches during our cooking club. There is a \$2 registration fee for this program. Students in 1st grade and up can register starting April 8.

Saturday, April 27 at 2:00 pm - Princess Tea Party!

Dress up in your favorite princess costume and join Bella for a tea party. We will have delicious small snacks and ice tea, dancing, crafts, and games. This program is for princes and princesses age 4 and up. Registration starts on April 15.

TRI-BORO FOOD PANTRY

We are preparing for our Easter dinner distribution. This will be held on Sunday, April 14 from 2 to 4 PM. If you know anyone who could benefit from this service please invite them to join us!

This month the pantry would be grateful for donations of:

Jarred pasta sauce Juice boxes Jelly/jam Oatmeal



As always, we are grateful for any unexpired food



Assemblywoman Holly Schepisi

New Jersey General Assembly - 39th District

Assistant Republican Leader Health and Senior Services Housing and Community Development Education



Assemblywoman Holly Schepisi "Office on the Road"

Tuesday, April 2, 2019

10 a.m. – 2 p.m. Montvale Borough Hall 12 Mercedes Drive, 2nd Floor

A representative from the Assemblywoman's staff will be available to answers questions and provide information on how your local State Legislative office can offer assistance. Questions? Please contact the office at 201-666-0881.

Montvale 2019 Clean-up Event

Borough of Montvale April 13, 2019 at 9:00 AM to noon Meet at Red Shed (across from Firehouse) on Memorial Drive

Additional Information call 201-391-5700 ext 257 or email Robert Hanrahan at rhanrahan@montvaleboro.org





Complementary light breakfast/coffee courtesy of

Wegmans & BUNKIN: of Montvale



ALL residents of all ages are invited to



Gloves & trash bags are provided by BC Clean Communities

Borough of Montvale Thanks the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, Montvale Girl Scouts, Montvale Senior Club, and ALL THE RESIDENTS & groups that donate their time.

Community service hours will be granted, forms are available

From the Construction Official & Property Maintenance Official

As we hopefully move into warmer weather and put this winter behind us, now comes the time for all the cleanup work. From the property maintenance perspective, all property owners will need to look at their property for damage. Heavy ice and snow can pull gutters away from the house as well as break branches off from trees. The freeze/thaw cycle which damages municipal roads does the same to driveways, although to a lesser degree. Ice dams that occur along roof edges can cause damage to interior drywall and finishes. Pool gates and fences can be damaged by falling branches and result in loss of protection for the pool enclosure. Concrete sidewalks can heave from frost creating a tripping hazard. Most of these items are considered general repair and maintenance and do not require building permits but do need to be addressed under our property maintenance code. Please check with the building department office if you are unsure as to the permit requirements.

Finally, thanks to all who tried their best to maintain passable sidewalks. I know it was difficult given the volume of snow we once again received and the lack of a place to put it. But your cooperation and efforts were very much appreciated. Hopefully, we can look forward now to a beautiful spring and put this winter behind us.

From the Construction Department

The Construction Department conducts Continuing Certificate of Occupancy (CCO) inspections for all residential and commercial property sales and change of tenants in the borough. In the course of conducting this type of inspection, we are experiencing a large number of failed inspections due to the replacement of a water heater at some point in time. As a matter of policy, we check our files for the issuance of a permit covering the replacement of a water heater and if none is found, the inspection fails. The responsible party then needs to hire a licensed plumber to sign and seal a permit so that a water heater inspection can be done and the CCO ultimately issued. This process can delay a closing and also can subject the property owner for fines and penalties for not obtaining a permit.

If you are planning to sell or rent any property or space in the borough, it would be wise to make sure all the required permits were secured for things like water heaters, finished basements, and various home improvements. If you are unsure if a permit is required, please contact the Construction Department and we will advise you as to what permits may be needed.



Montvale Recreation

Announcements

Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Holiday Tree Lighting, the Egg Coloring and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Spring Fling at Fieldstone Middle School- May 4 from 10 am to 12 pm

Day in the Park- Saturday, September 21 Rain Date- Sunday, September 22

If there are any groups or residents who would like to be involved in the above-named events as volunteers or otherwise, please email MontvaleRecreation@montvaleboro.org.

2019 Montvale Recreation Summer Camp

2019 Montvale Recreation Summer Camp

July 1 – July 26 (No Camp on July 4 & 5) Monday – Friday 9:30 am – 2:30 pm Memorial Drive

Camp is offered to children entering grades 1-7 in September 2019 (2019-2020 school year)

Entering 1ST- 5TH Grade Resident Camp Fee \$320/child (Family Max- \$960) Bowling: \$21/child Entering 1ST – 5TH Grade Non-Resident Camp Fee \$380 per child (Family Max- \$1140) Bowling: \$21/child

6 and 7 Graders- ADVENTURE CAMP REGISTRATION IS ENTIRELY SEPARATE AND THE ONLY CAMP OPTION FOR 6 & 7 GRADERS. REGISTRATION WILL TAKE PLACE IN PERSON ONLY ON MARCH 23, 2019 FROM 9:00 am TILL 11:00 am. Separate registration is necessary due to some trips requiring waiver forms and the parent information being completely different from regular camp info. For this reason, online registration is unavailable for 6 and 7 graders.

Registration opens March 1 and closes on May 1. After May 1, you are not guaranteed a spot in camp and you'll incur a late registration fee.

Residents/Non-Residents: \$30 Additional Fee per registration after the registration period closes.

*Please note that registration fees are non-refundable after May 1 for grades 1-5 unless a medical note from a doctor can be provided. Adventure Camp fees are non-refundable at any time.

Online: www.montvale.org/Recreation >Summer Camp Tab> Click Online Reg. (payment method is credit card only)

Paper: Pick up a copy of the registration form from Borough Hall, fill it in and either drop it off or mail it in with payment to Borough Hall, Attn: Lisa Dent. Checks Should Be Made Payable to: Borough of Montvale.

**LUNCH CALENDARS/ORDERS WILL ABSOLUTELY NOT BE ACCEPTED ANYTIME AFTER MAY 15 **

The Summer Camp grounds on Memorial Drive are CLOSED to the public during camp days and hours. Thank you in advance for your cooperation as we strive to keep our campers safe.

Tennis Lessons

Memorial Drive Tennis Courts 6-Week Session Mondays beginning May 6 and Saturdays beginning May 11 *No Class on Saturday, May 25 and Monday, May 27* Resident Fee: \$80 Non-Resident: \$120 Registration: April 1 through May 1 *Space is Limited*

Beginner or Advanced-Beginner:

Intermediate:

Mondays 4:00-5:00 pm Ages 5-7 and 8-11

5:00-6:00 pm Ages 5-7 and 12-14

6:00-7:00 pm High School and Adults

Saturdays

12:00-1:00 pm High School and Adults

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1:00-2:00 pm Ages 5-7 and 8-11

Saturdays 2:00-3:00 pm Ages 8-11 3:00-4:00 pm Ages 12-14, High School and Adult

Bollyx

Montvale Community Center Atrium 1 Memorial Drive Tuesdays 7:00-8:00 pm February 26 – April 16 Resident Fee: \$80 Non-Resident Fee: \$100

BollyX® is a Bollywood inspired dance-fitness program that combines exhilarating choreography with upbeat world music. One 50-minute class cycles between higher and lower intensity dance sequences, delivering a total body workout. BollyX®, a new and innovative cardio dance workout, inspired by Bollywood dance, allows participants to unleash their inner swagger as Bollywood truly is the central film industry of India! BollyX® is all about energy, passion, grit, intensity, excitement and confidence, encouraging participants to appreciate Bollywood dance from all regions across India. Steps have been designed with simplicity, but are so effective that participants can truly feel like they are dancing in a Bollywood movie whilst gaining an exhilarating workout and the ability to shed weight simultaneously! BollyX® is authentic, fun and approachable, it uses music that is out of this world and is a program that actually works! BollyX® embraces both women and men, giving them a chance to become rockstars! Hence their tagline..to unleash your inner ROCKSTAR!

Adult Volleyball

Memorial School Gymnasium Tuesdays 8:00-10:00 pm January 8 – May 21 Resident Fee: \$50 Non-Resident Fee: \$75

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend. (PROGRAM IS CURRENTLY FULL)

Monday Yoga

Montvale Community Center Atrium 1 Memorial Drive Mondays 7:30-8:30 pm March 25 – May 20 Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Friday Yoga

Montvale Community Center Atrium 1 Memorial Drive Fridays 9:30-10:30 am March 8 – May 10 Resident Fee: \$80 Non-Resident: \$100

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Adult Co-Ed Soccer

Fieldstone Middle School- Field #1 & 2 47 Spring Valley Road Sundays 5:00 pm - 7:00 pm March 24 – May 26 Resident Fee: \$15 Non-Resident: \$20

This program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

Tai Chi

Senior/Community Center Atrium: 1 Memorial Drive Fridays 12:15-1:00 pm February 15 – April 5 Resident Fee: \$80 Non-Resident Fee: \$100 (space permitting) Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

30+ Basketball

Memorial School Gymnasium Mondays 8:00 -10:00 pm September 17 – May 20 Resident Fee: \$75 Non-Resident (if space permits): \$95 OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

Senior Pickleball League

Memorial Drive Tennis Courts Fridays 2:00 pm This program will resume in the Spring.

Are you a part of the Montvale Seniors Club? Join today for just \$15 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15 pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability and are not finalized until you receive email confirmation of available dates from Lisa Dent.

DEADLINE FOR FALL FIELD USE APPLICATIONS IS June 1

Please email Recreation Director, Lisa Dent, with any questions: MontvaleRecreation@montvaleboro.org

Montvale Borough Hall FREE Workshop

Ham/Amateur radio is a fun and interesting hobby! You can talk to local radio enthusiasts or make contacts all over the globe. You can communicate with the International Space Station and even use satellites that are orbiting the Earth to make radio contacts. You may even want to participate in radio contests that happen throughout the year.

Amateur radio also plays an important role during emergencies. Storms and power outages may impact your ability to use your home phone and get on the internet. How will you communicate in an emergency if your cell phone is broken, has a dead battery or you're in an area with no cell service? Cell towers can be damaged or overwhelmed during a disaster making your cell phone useless. During times like this, amateur radio can be used to get help or communicate with friends & family.

Come join us to learn how you can easily obtain a ham radio license to be a part of this rewarding, fun hobby! There is always something new to learn and you'll gain an important skill to have in emergencies. Please email MontvaleRecreation@montvaleboro.org for interest!

Tennis Court Badges

MONTVALE TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2019 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>		Non-Residents	
Adult	\$30.00	Adult	\$60.00
Child/Student	\$10.00	Child/Student	\$20.00
Household Maximum	\$50.00	Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Program Registration

Online Registration: Go to www.montvale.org/recreation Click the Register Tab at the top Choose the program you would like to register for Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer). Payment by cash or check made out to the Borough of Montvale.

125th Anniversary Picnic

SAVE THE DATE! Montvale's Anniversary Town Picnic at Huff Park Celebrating 125 Years May 18, 3:00 pm – 8:00 pm All Montvale residents, business owners and their employees are invited!

Montvale Senior Club

Though April showers may come our way, they bring the flowers that bloom in May: a welcome scenery of vibrant colors, blossoms, and greenery that Mother Nature gives us to enjoy. There are Easter and Passover celebrations. Children's playgrounds and walks in the parks come alive again.

The Senior Club offers entertainment and cultural programs throughout the year:

WOODLOCH PINES RESORT welcomes the Montvale Seniors. June 11-13, 2019. Nestled in the picturesque country of Hawley, PA, a myriad of outdoor and indoor activities await. Accommodations, dining and entertainment for your convenience and pleasure will be provided. Brochures and newsletters are available. Contact Rosemarie Kelly at 201-391-8718 for further information and reservations.

WESTCHESTER THEATRE: Musical – NEWSIES, Friday, April 5. Contact Marie Dineen, 201-391-1831. THE PARADE OF NATIONS & VIRGINIA INTERNATIONAL- April 25-28, 4 days-3 nights. Contact Rosemary Kelly, 201-391-8718.

The Senior Club will be part of the Montvale CLEAN UP DAY – April 13, 9:00 am to 12:00 pm. Sign-up at the Senior Center. Light refreshments will be served.

PLEASE NOTE THE FOLLOWING SENIOR SERVICES:

MONTVALE SENIOR VAN – available on Wednesday, Thursday and Friday, contact 201-391-5700 for all information necessary.

CHORE SERVICE - simple household repairs performed by senior volunteers for seniors 60+ and the disabled in Bergen County. Chore Direct 201-489-7790 – Volunteer Center 201-489-9454. WELLNESS AND HEALTH program provides a HUMC nurse at every meeting.

SPORTS AT THE SENIOR CENTER - please contact John Rotante 201-391-4194. BOCCE: Our Bocce Court is located in the back of the Senior Center, and Bocce will start up as soon as the weather allows. Pickle Ball, Horseshoes and Shuffle Board are coming! BILLIARDS: Every Tuesday at 1:00 pm to 3:00 pm -contact Bill Maki - 201-930-0463. TAI CHI classes open to residents and non residents at the Senior Center on Fridays from 12:15 pm to 1:00 pm. GAME DAY is held on Tuesday and Wednesday.

Our 55 and over Senior Club, is located on Memorial Drive, Montvale. Our annual dues are \$15.00. At the Business Meeting, the first Thursday of the month, there is a \$2.00 charge for hero sandwiches. At our Social Meeting, the third Thursday of the month, Danish is served at no charge. All meetings include coffee, tea, and water. A monthly calendar and club newsletter are always available. Once a year, we have our SENIOR EXPO, given by our committee coordinators, explaining the purpose and the details of our activities. We offer opportunities to socialize with new friends and renew old acquaintances. In addition, our club has a wide array of activities: card games, canasta, mahjong board games, our book discussion club, gym and chair exercises. We welcome you to enjoy your life and to share the fellowship with your neighbors.

Milli Stellatos, Corresponding Secretary.

Marie Dineen, President. 201-391-1831.

"AGING IS JUST ANOTHER OPPORTUNITY TO ADD YEARS TO YOUR LIFE"

WWW.

MONTVALECHAMBER

.com

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STEVEN FOX Morgan Stanley

TOM DAVEY Davey's Locker

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VICE PRESIDENT TOM CHAPMAN Tom A. Chapman DMD

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R. LORRAINE HUTTER Borough of Montvale

AMY DEBELLIS CrossCountry Mortgage **PAUL JORDAN** Wegmans Market

Dr. Kelly Blundy Spine & Health



The Montvale Chamber of Commerce

2019 Street Fair

Sunday June 9th 10am - 5pm

For more Street Fair Information and Sponsorship Applications:

WWW. Montvale-Street-Fair

.com

SAUSAGE STEAR

Join the Chamber! www.MontvaleChamber.com



Stay on top of chamber news and events. facebook.com/Montvale-Chamber-of-Commerce





SUNDAY, APRIL 7^{GH}



7:00 PM – 9:00 PM @ MONTVALE LANES \$25 for 2 Games, Pizza, & Soda

ALL ARE WELCOME TO PLAY!

COME EARLY FOR LANE ASSIGNMENT. ANY QUESTIONS CONTACT AFOLEY@MONTVALEBORO.ORG