## **Montvale Blood Drive**



## Sponsored by: The Montvale Police Department

Friday, August 27, 2021 11:00 am - 3:00 pm

Montvale Community Center 1 Memorial Drive Montvale, NJ 07645

APPOINTMENTS ONLY.



## **Donor Guidelines:**

- MASKS REQUIRED, UNLESS YOU ARE FULLY VACCINATED
- \* Weigh at least 110 lbs.
- \* Eat a meal before donation
- \* Bring ID
- \* Drink plenty of water before and after donation
- \* Must be 17 years or older to donate

Ann BLOOD RECIPIENT:

"I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation well, it saved my life."

You may make an appointment using the link below or QR Code: https://donor.cbsblood.org/donor/schedules/drive\_schedule/53875





